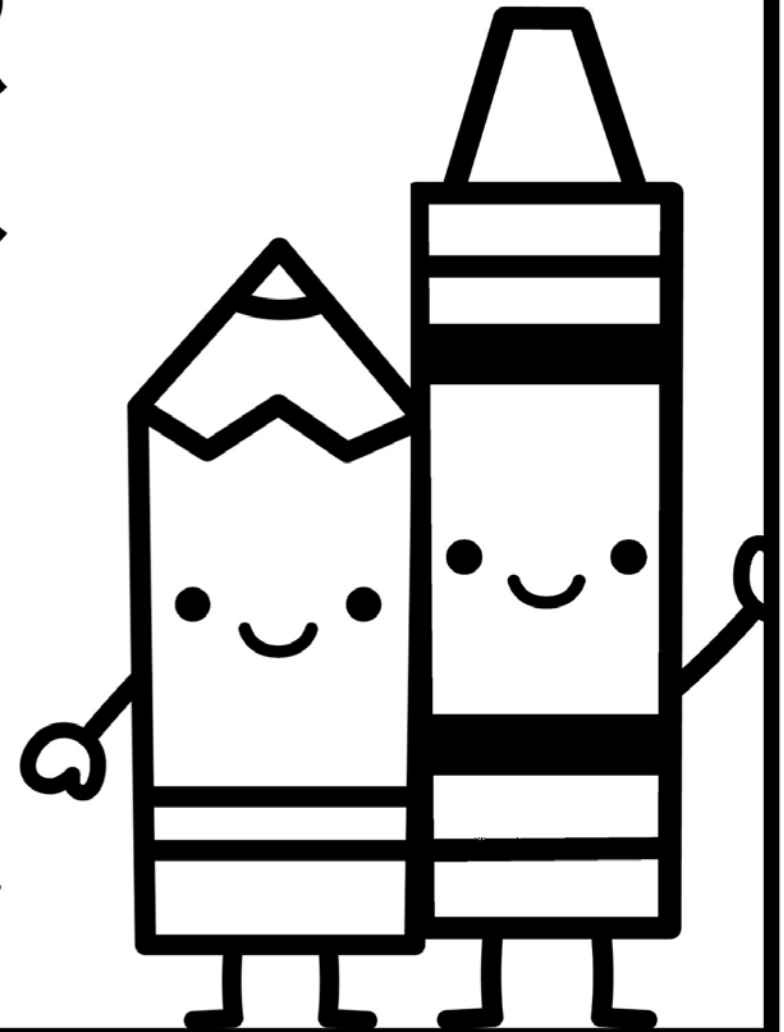


Kindergarten **READINESS** HANDBOOK

for soon-to-be kindergarten
students and their grown-ups!

NAME: _____



The **A TO Z** of **KINDERGARTEN READINESS**

to be "ready to learn" new concepts and routines in school!

	<p>ALPHABET: can recognize some uppercase & lowercase letters</p>	<p>BATHROOM: can use the bathroom independently</p>	<p>CONCEPTS OF PRINT: know how to read a book and track words</p>	<p>DO YOUR BEST: when presented with difficult tasks</p>	<p>EAT INDEPENDENTLY: can open and close snack/lunch on your own</p>	<p>FRIENDLY: can interact with new friends and teachers in a positive way</p>
<p>GET DRESSED: can put on & take off clothes independently</p>	<p>HANDWRITING: can print their name & some uppercase letters</p>	<p>INDEPENDENCE: can problem solve with friends and ask for help</p>	<p>JUST RIGHT NOISE LEVEL: can control their voice in different settings</p>	<p>KIND: is kind to others; can share, take turns, and show respect</p>	<p>LETTER SOUNDS: can produce some letter sounds of consonants</p>	<p>MINUTES: can focus on a specific task for 5-10 minutes</p>
<p>NAME RECOGNITION: can recognize and write their first name</p>	<p>OPTIMISTIC: is positive about coming to school</p>	<p>PAY ATTENTION: can pay attention to the teacher or activity</p>	<p>QUIET LISTENER: can listen quietly without distractions</p>	<p>RHYME: can recognize rhyming words</p>	<p>SCISSORS: can hold scissors safely and cut straight lines</p>	<p>TRACE: can trace straight lines, curved lines and some letters</p>
<p>UNDERSTAND DIRECTIONS: can follow 1 & 2 step directions</p>	<p>VOLUNTEER ANSWERS: can answer questions and participate in discussions</p>	<p>WAIT IN LINE: can wait patiently in line</p>	<p>EXCITED: is excited to be in school and learn new things</p>	<p>YEARLY CALENDAR: knows the names of some months & seasons</p>	<p>ZIPPERS + MORE: can use zippers & buttons on clothes</p>	

READ EVERY DAY

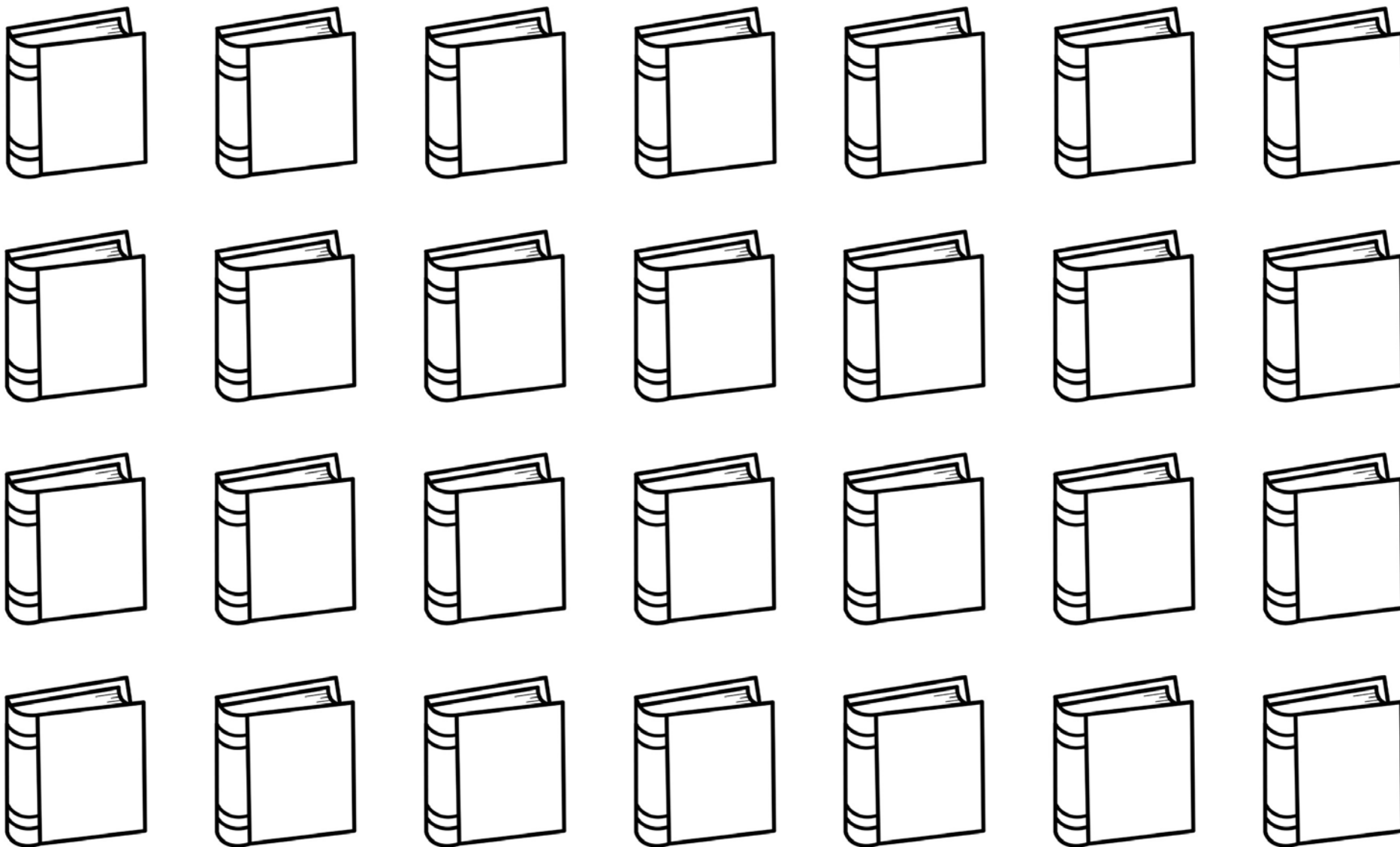
GOAL: To listen to and enjoy reading books.

Read alouds between grown ups and students are essential for beginning literacy skills. Set time aside to read with your student for at least fifteen minutes every day. Allow your student to participate in the selection of a book and create a dialogue during your reading. Use the following page to track your reading. Decide on a fun reward once you finish the reading log! Make a copy before you start it so you can continue to track your reading.

TIP: Make reading fun! The more excited you are about reading and books, your student will be! Tell them why you are excited to read the book, what you're curious about, and why it may be a favorite story from your childhood.

READ ALOUD READING LOG

Color a book for every shared read aloud. Happy reading! 😊



THE ALPHABET

FROM

a

a



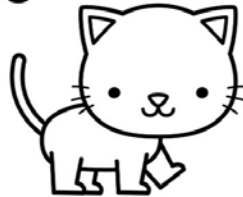
apple

b



bat

c



cat

d



dog

e



edge

f



fish

g



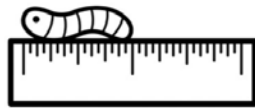
goat

h



horse

i



inch

j



jam

k



kite

l



lion

m



mole

n



net

o



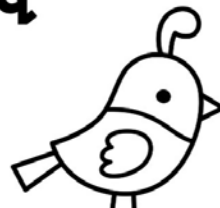
otter

p



pig

q



quail

r



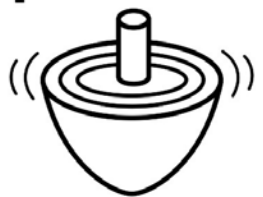
rabbit

s



sun

t



top

u



up

v



van

w



wagon

x



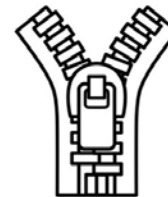
fox

y



yarn

z

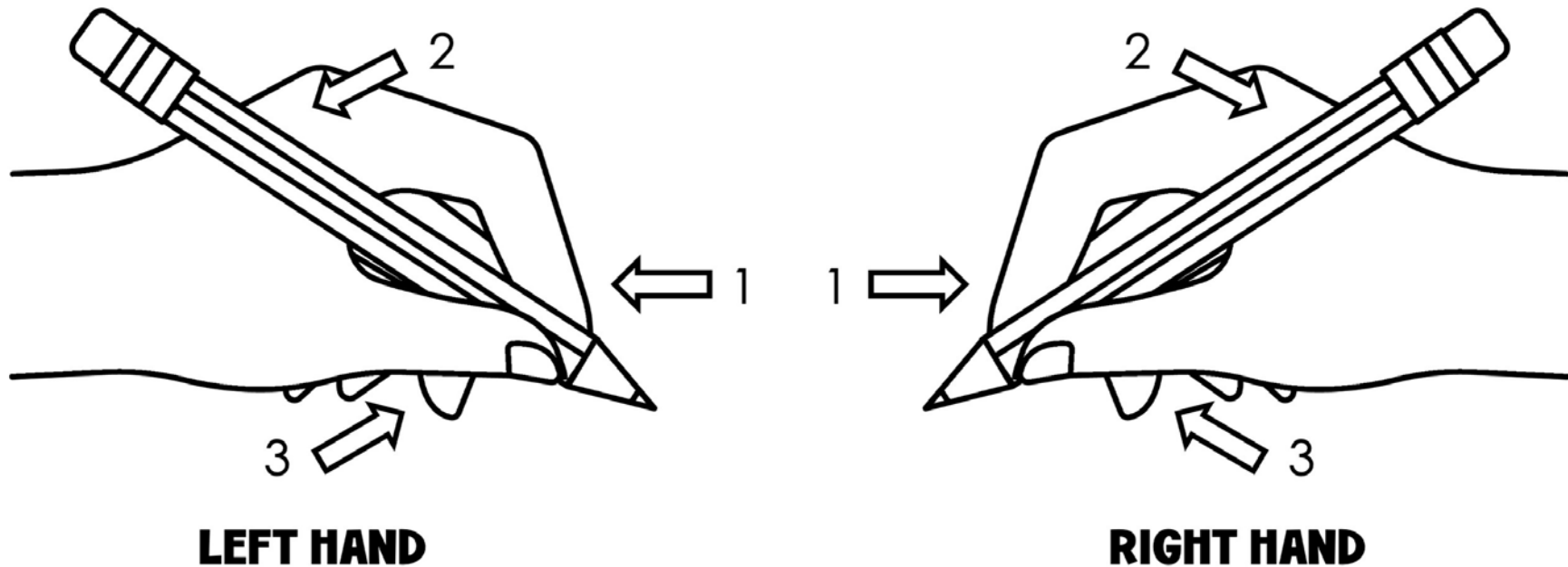


zipper

TO

Z

PENCIL + CRAYON GRIP



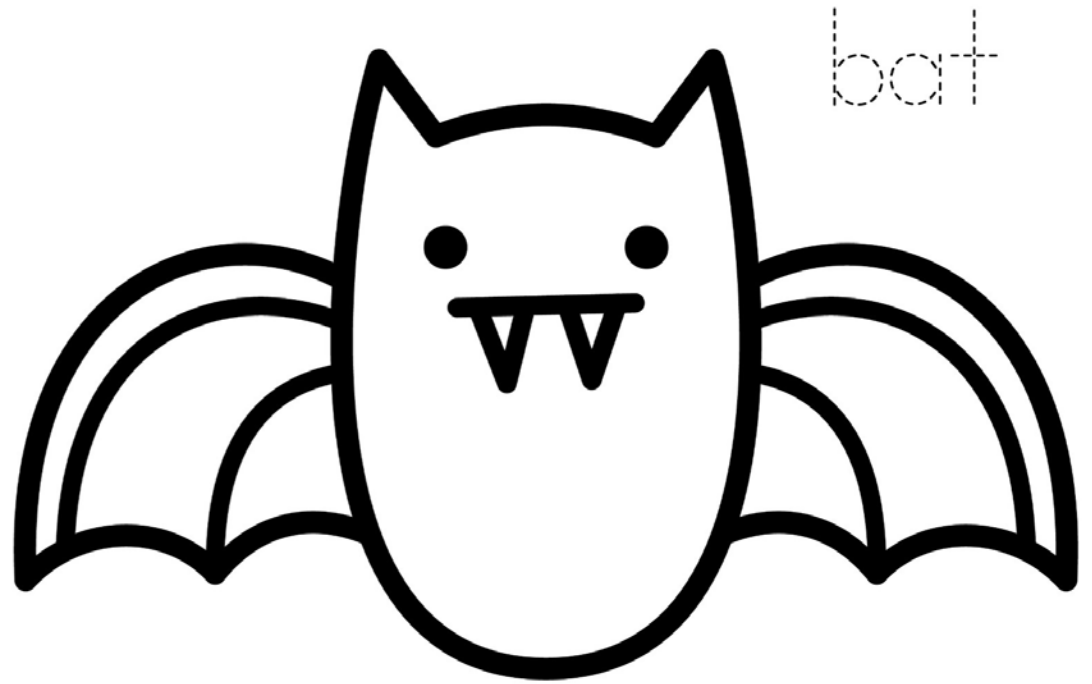
- ① "Pinchy fingers" (thumb and pointer finger) hold at the bottom of the pencil
- ② Top of the pencil rests between these two fingers on your hand
- ③ Middle of middle finger helps to hold the pencil up

COLORING

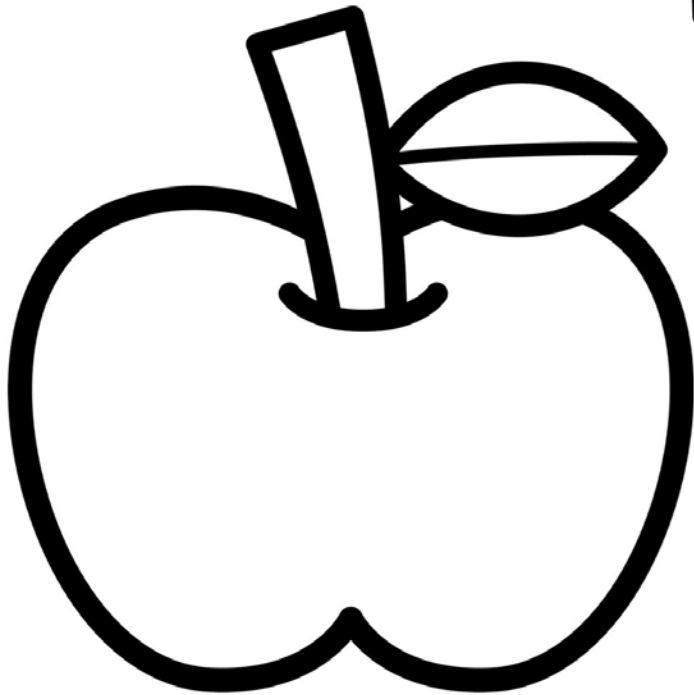
Coloring will help your student develop gross motor and fine motor skills. The motions and grip will help the development of the muscle in fingers, hands, wrists, as well as hand-eye coordination. Coloring will also help your student develop color recognition and awareness. Use these pages to color the animals and talk about “realistic colors” (red apple, brown horse, etc.).

TIP: Try to remind them to stay in the lines and use their “helper hand” (the non-dominant hand) to hold and move the paper.

A a



bat

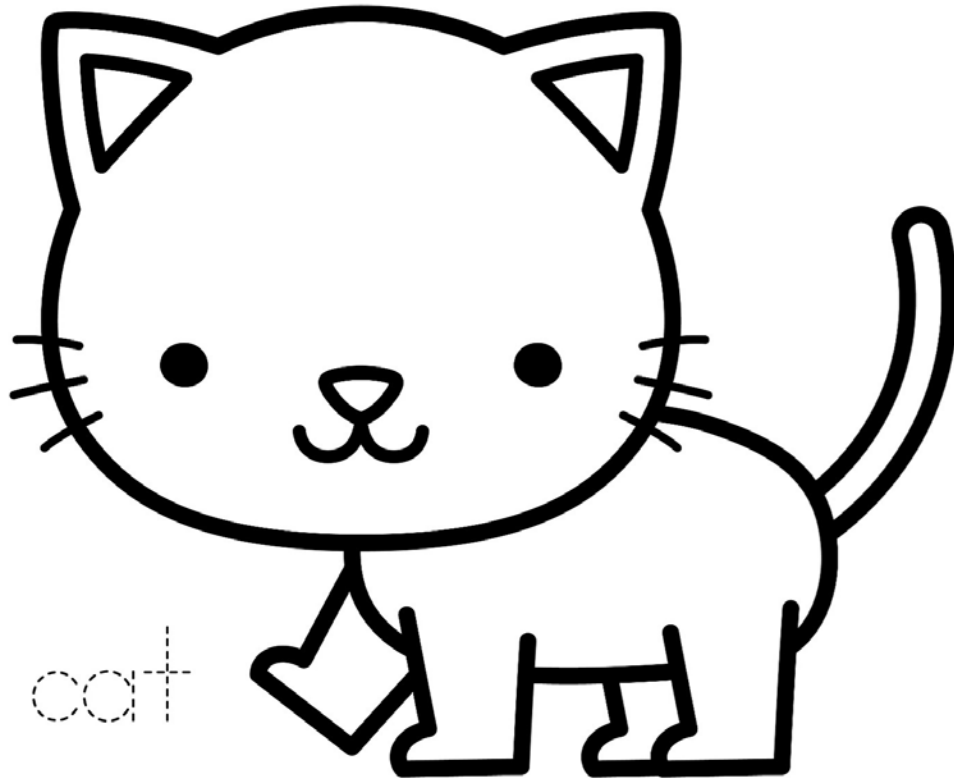
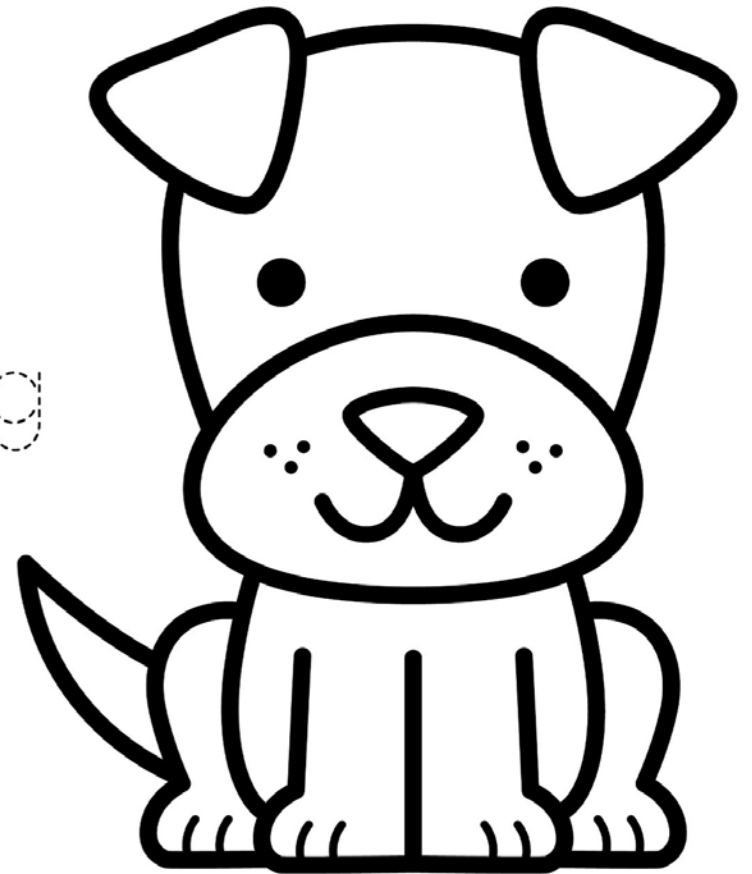


apple

B b

Cc

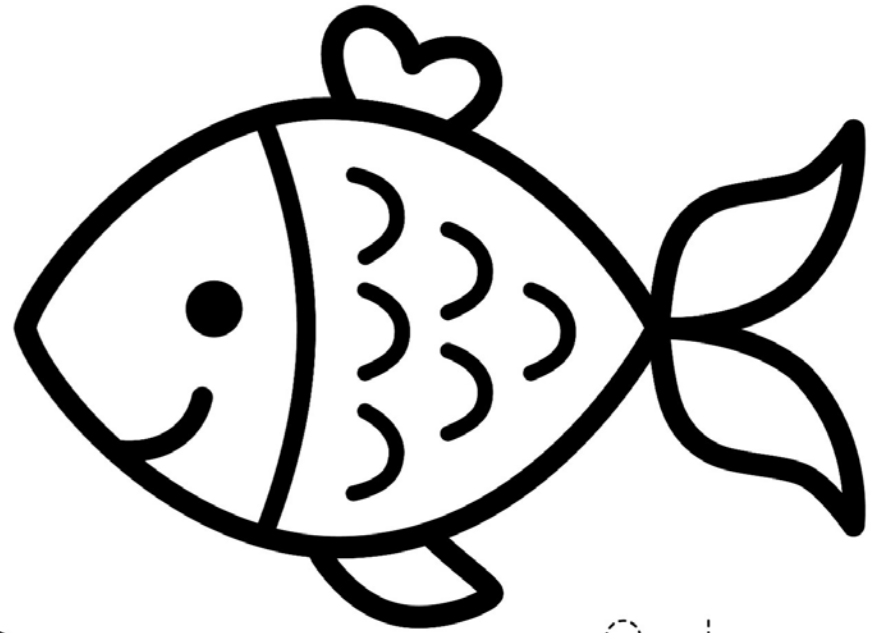
dog



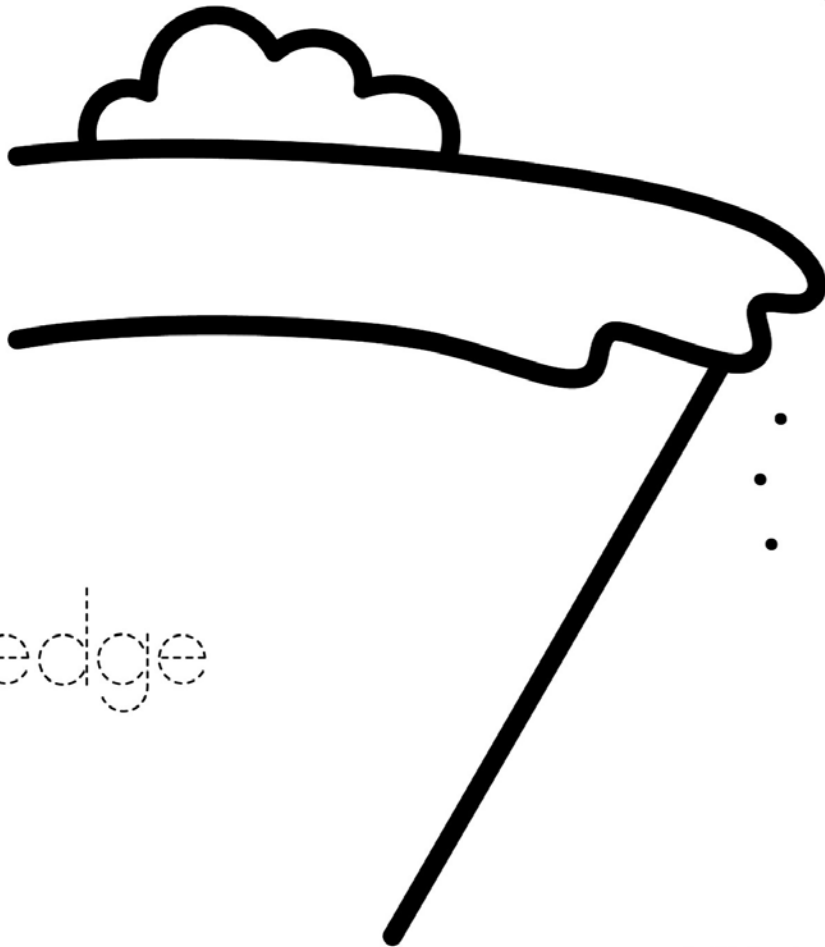
cat

Dd

Ee



fish

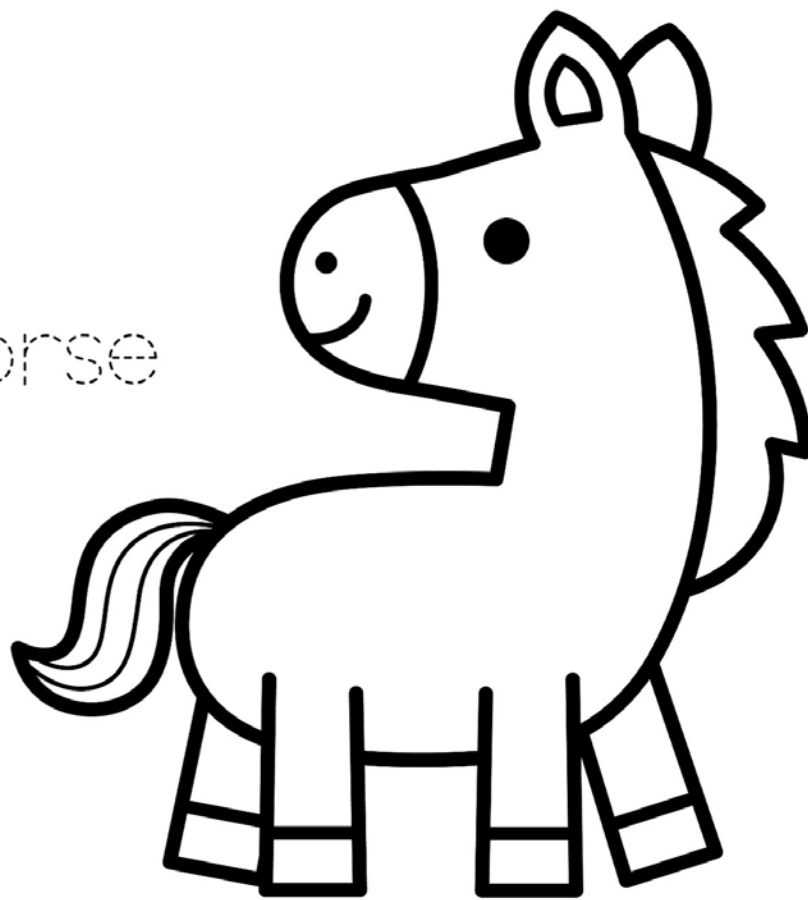


edge

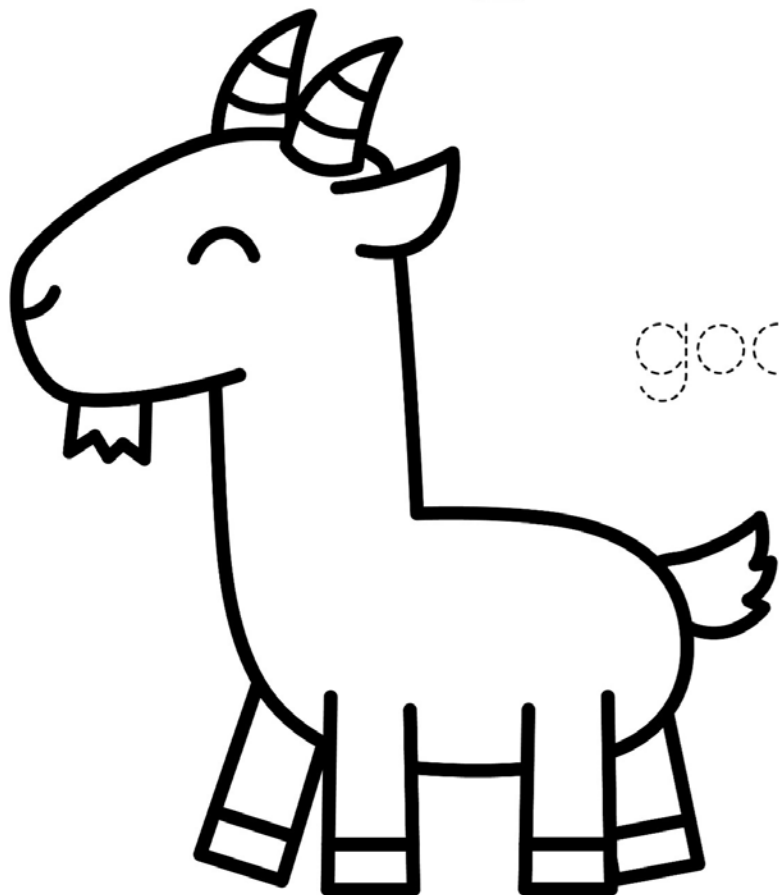
Ff

Gg

horse



goat



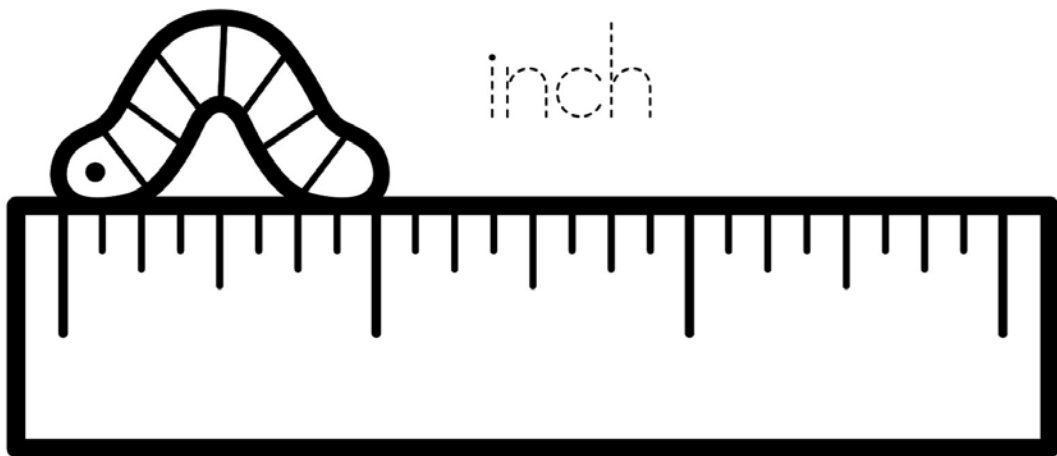
Hh

Ii

jam

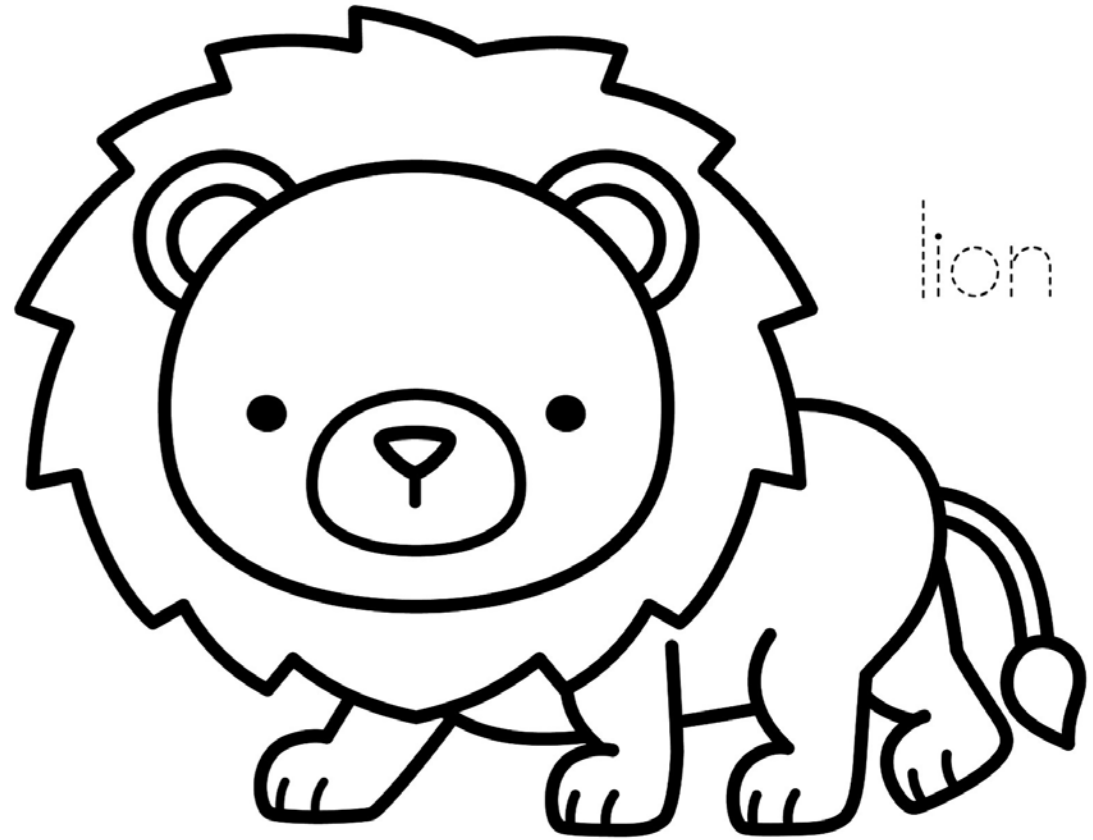


inch

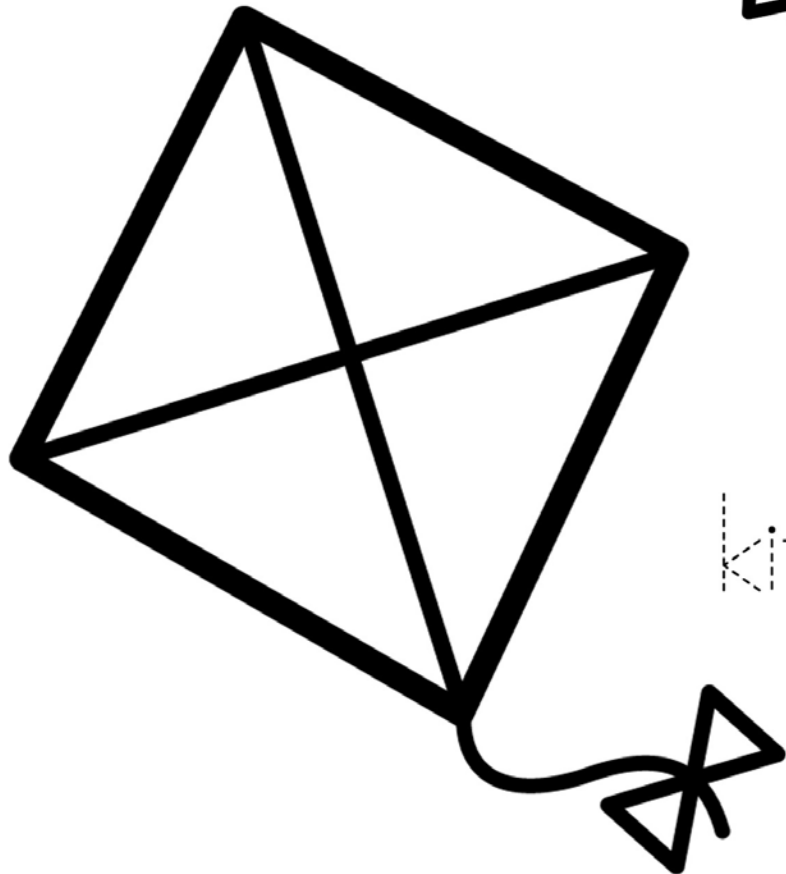


Jj

Kk



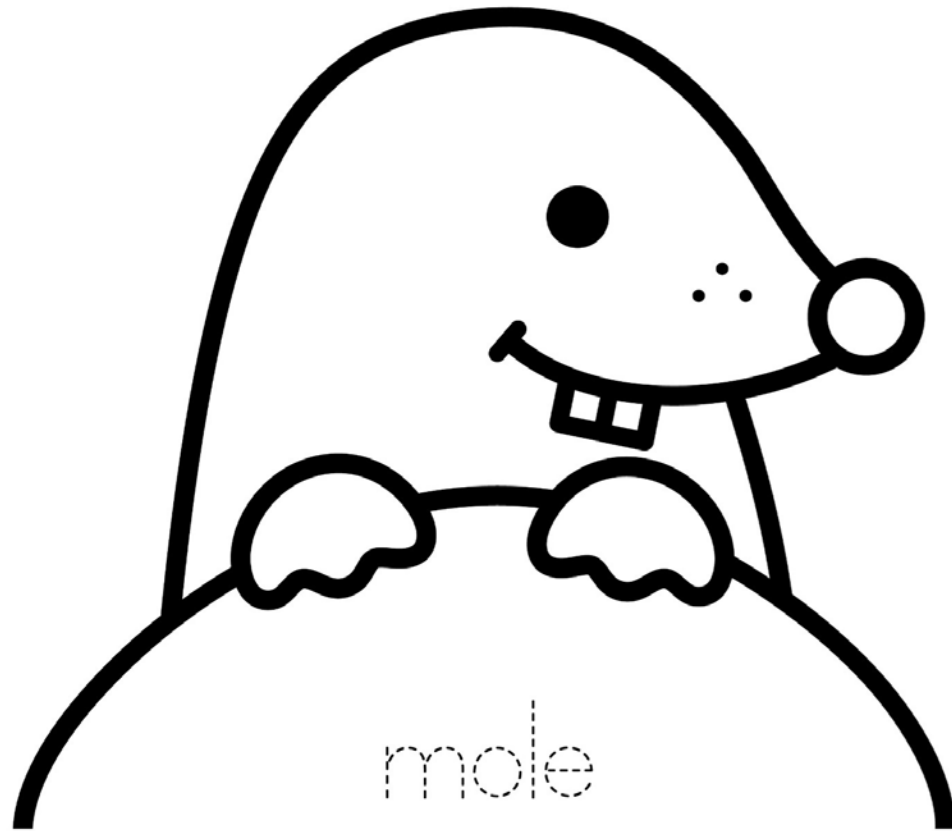
lion



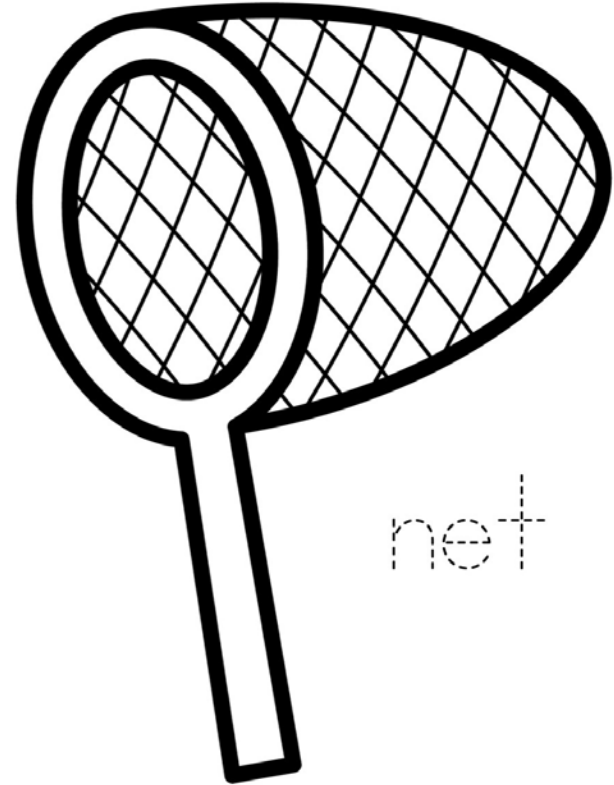
kite

Ll

Mm



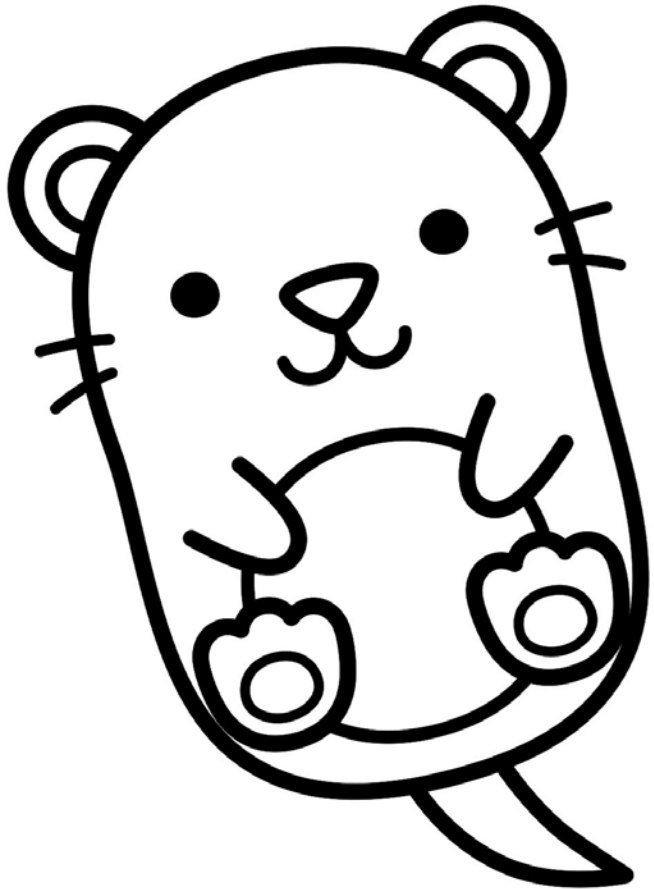
mole



net

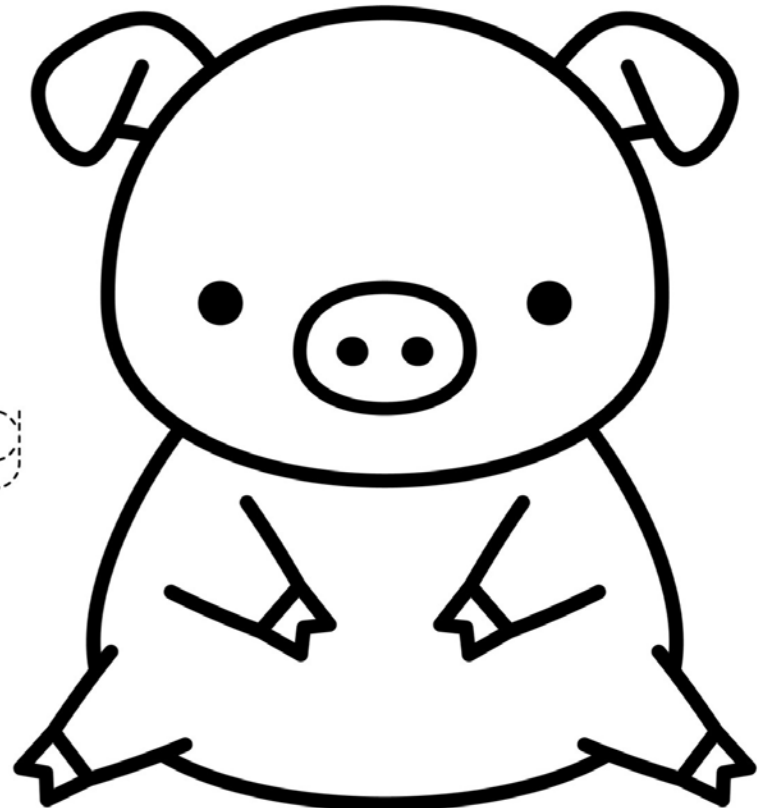
Nn

Oo



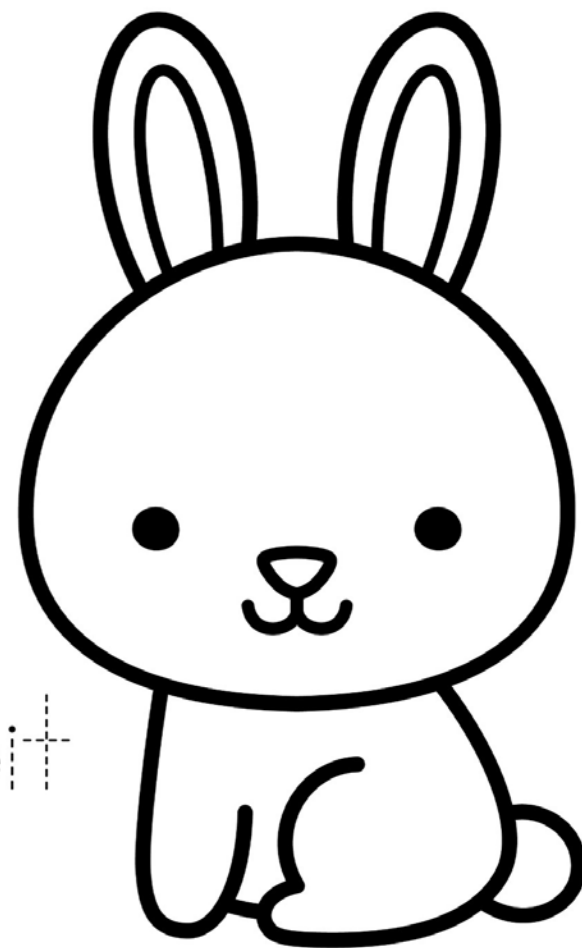
otter

pig

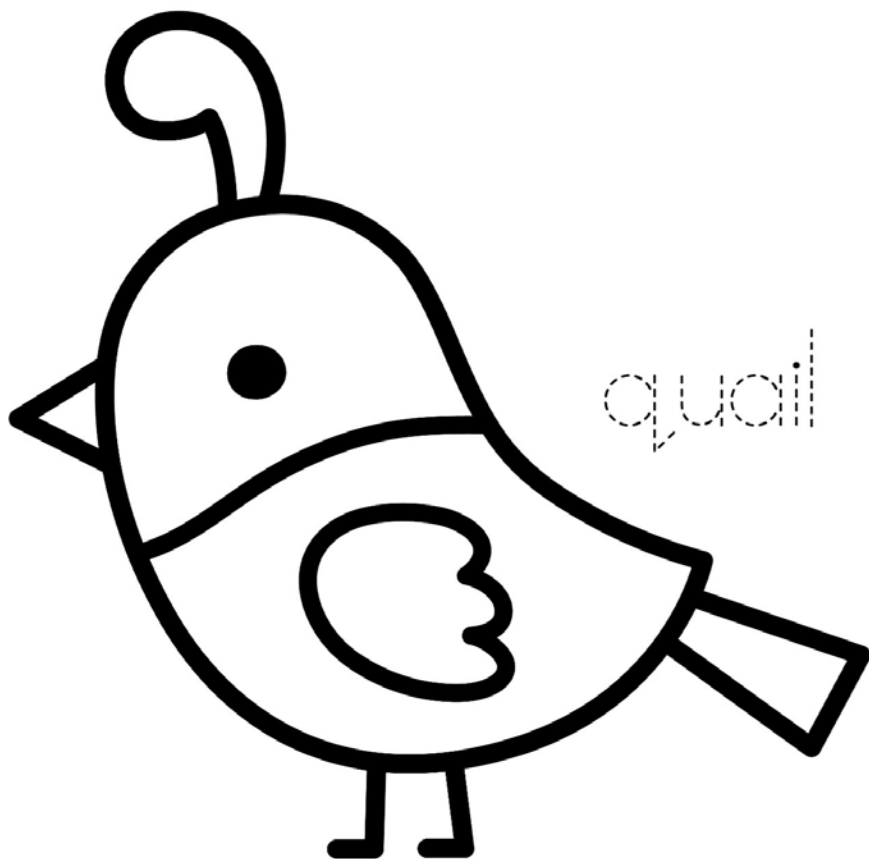


Pp

Qq



rabbit

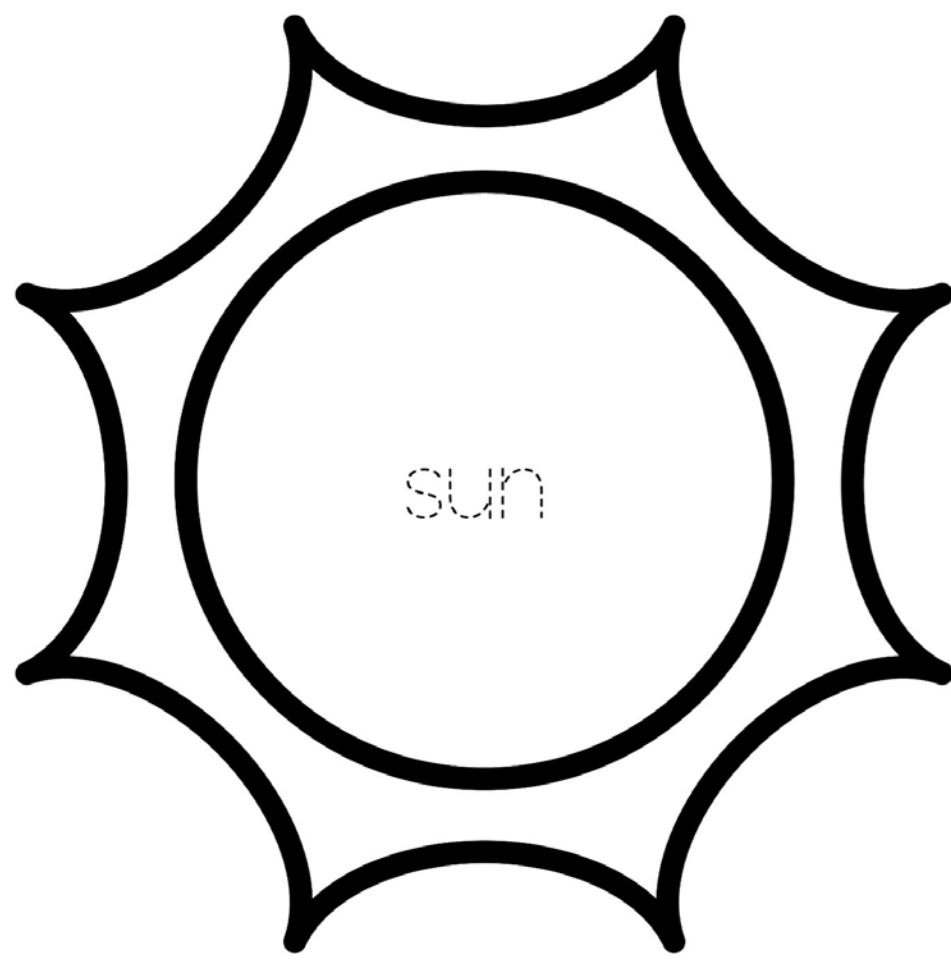
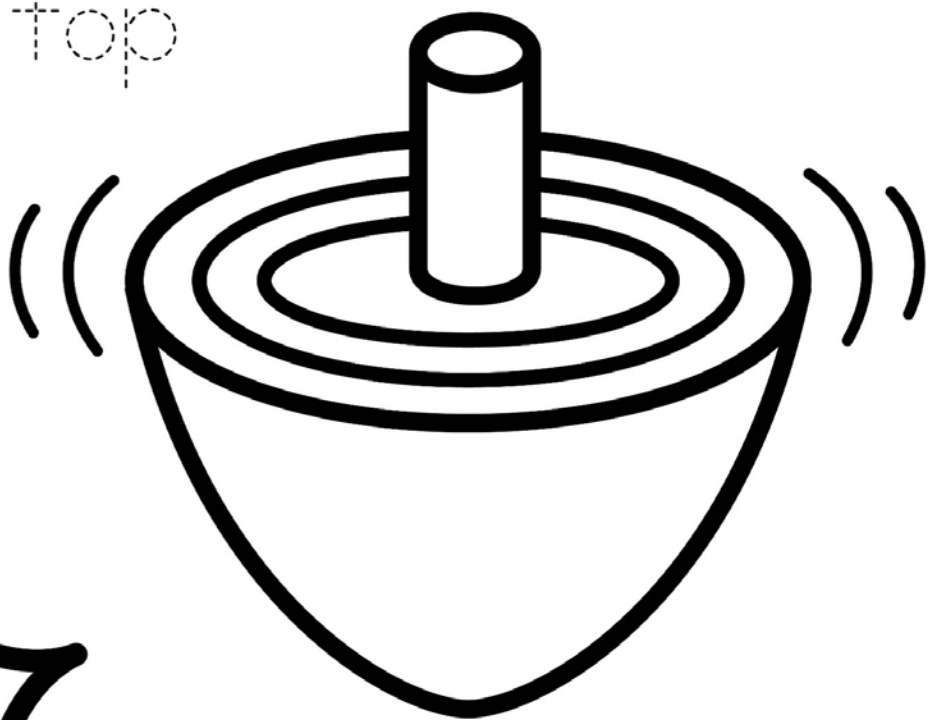


quail

Rr

Ss

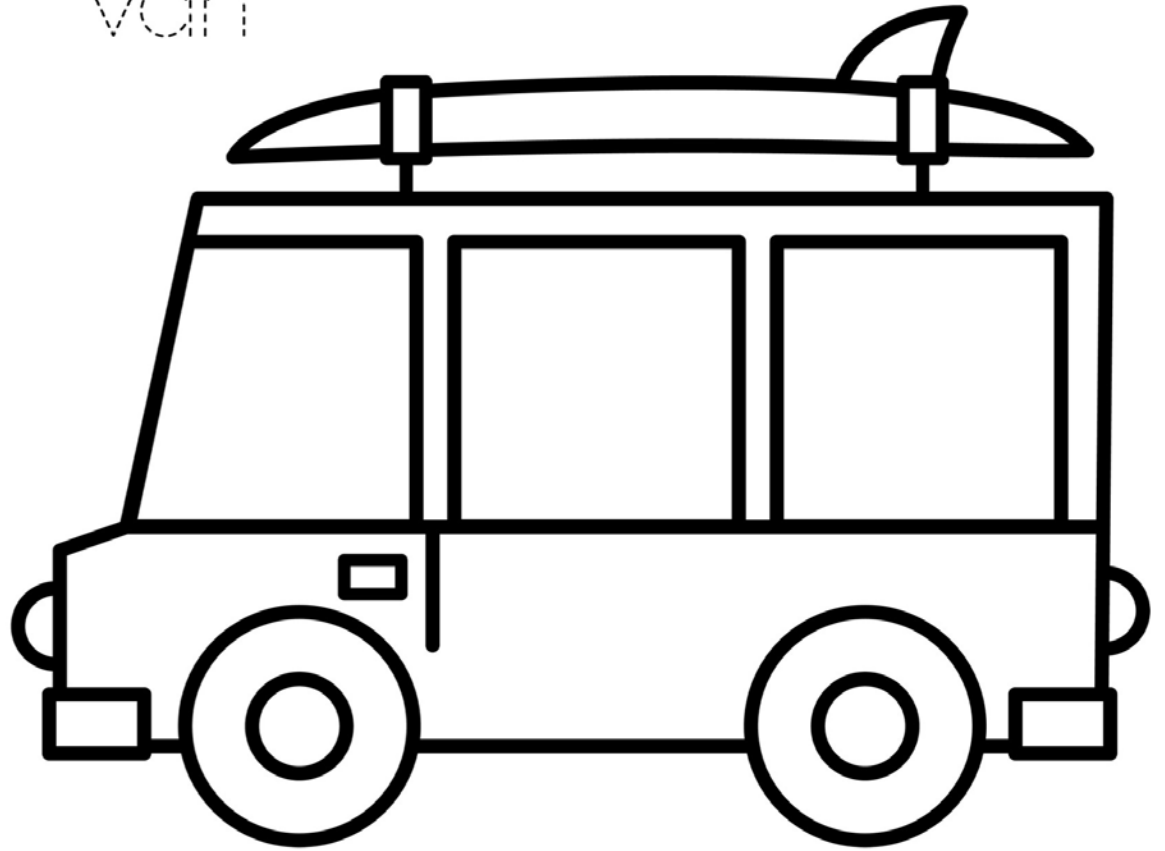
top



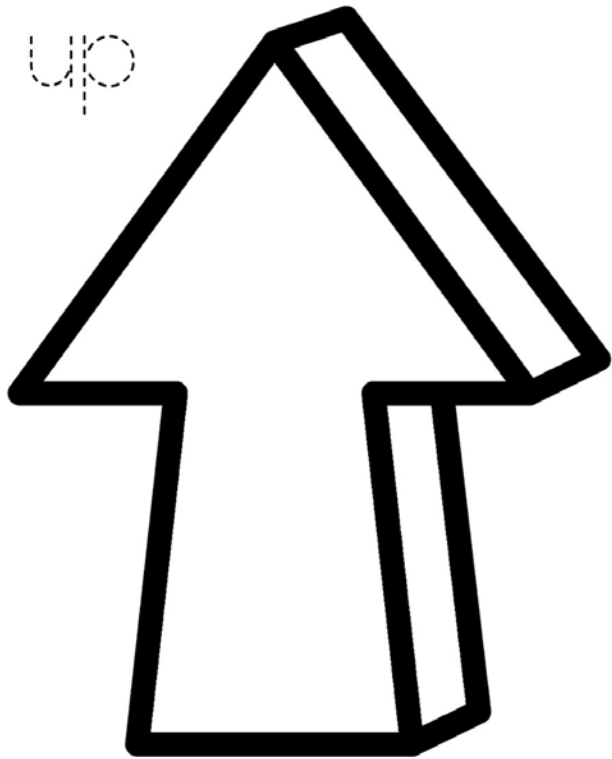
Tt

U u

van



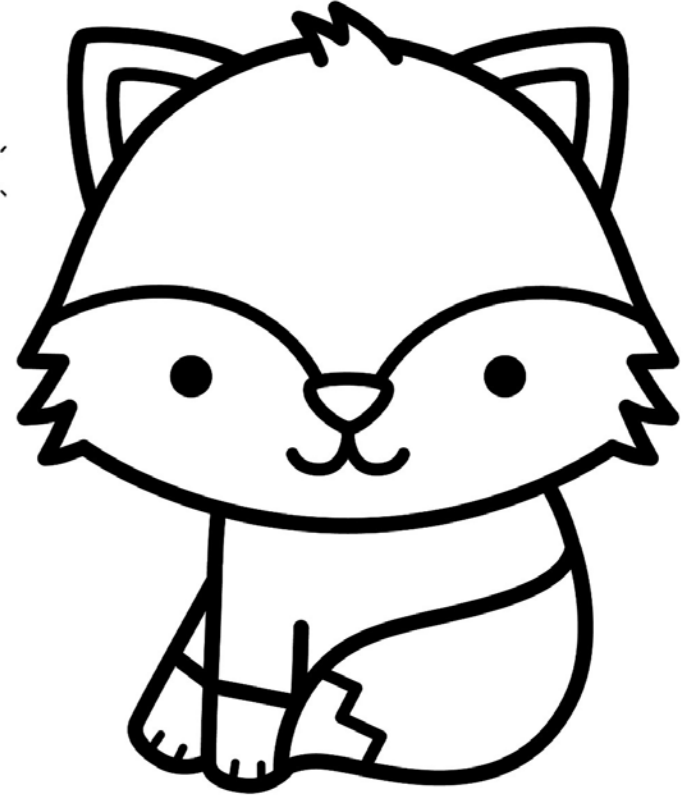
up



V v

W w

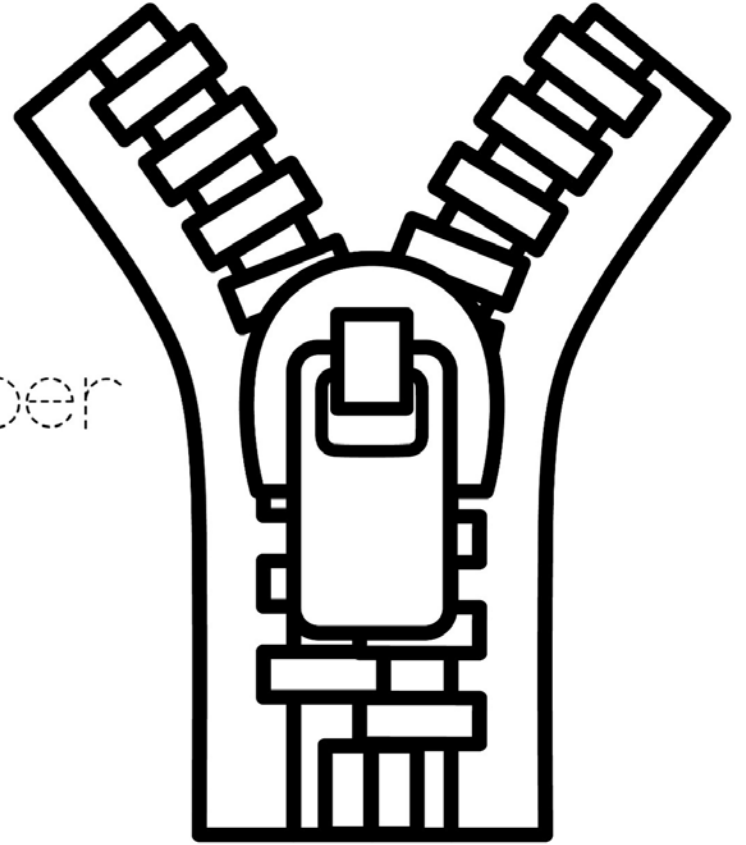
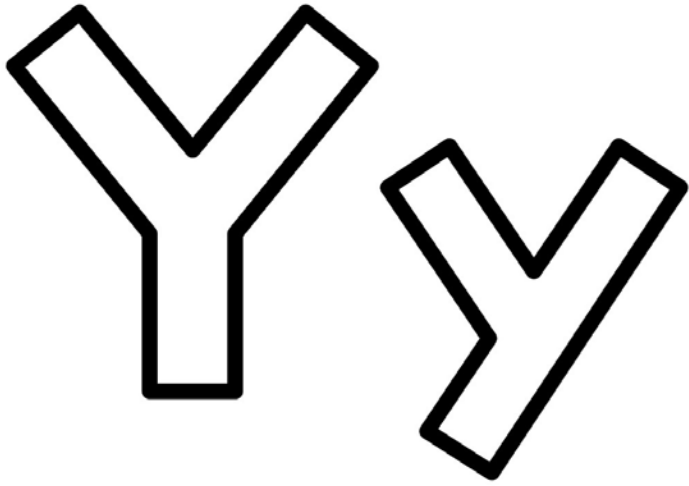
fox



wagon

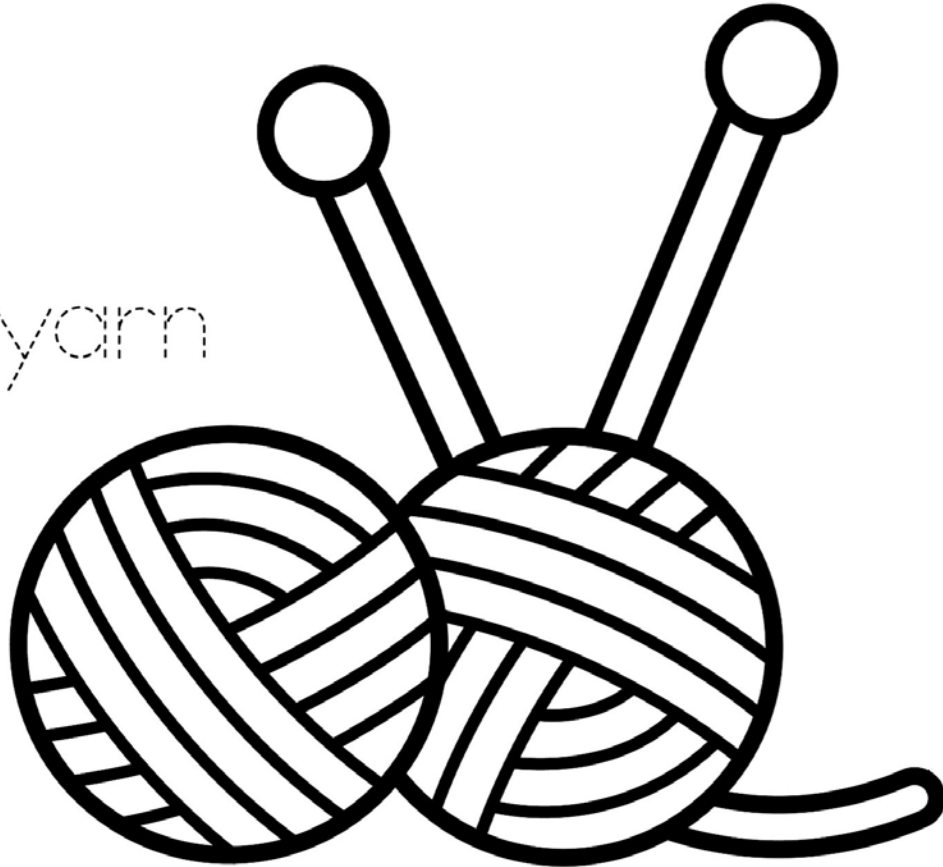


X x



zipper

yarn



NAME RECOGNITION AND WRITING

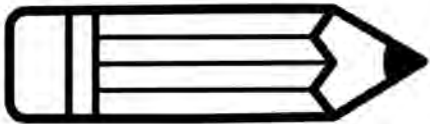
Beginning on the first day of kindergarten, your student will be expected to read and write their first name. Use the following pages to practice writing their name with different writing instruments (crayons, pencils, markers). They should also be able to put the letters of their name in order. If lowercase letters are tricky, begin writing names with all uppercase letters.

TIP: Write your student's name on post-its and put them up around the house! Make it fun and have them go on a "name hunt"! Or make a name puzzle and keep it handy for name spelling and practice!

I CAN WRITE MY NAME!



with a crayon



with a pencil



with a marker

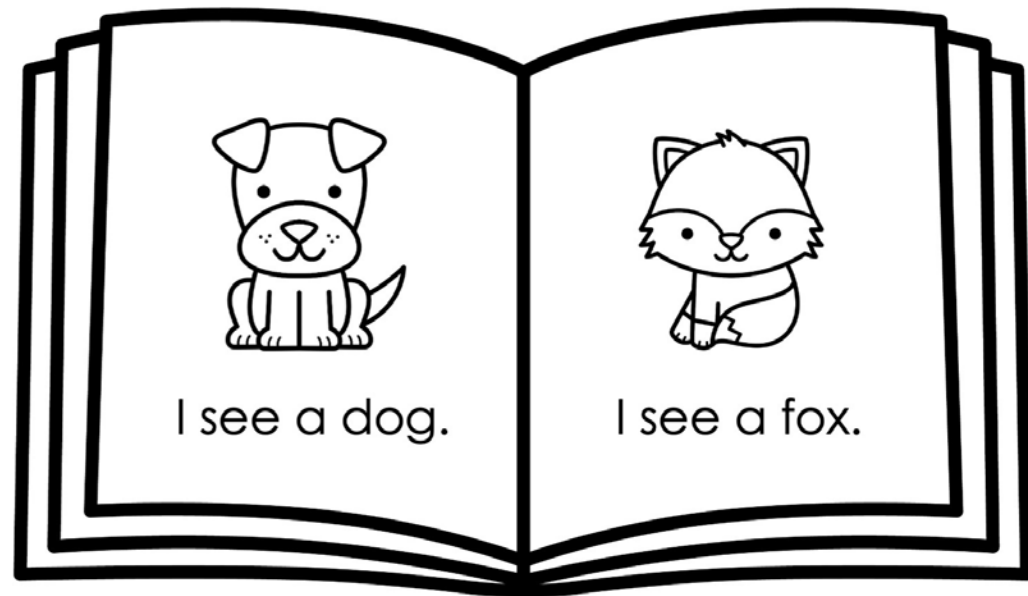
CONCEPTS OF PRINT

Concepts of print refers to your student's ability to understand and recognize the ways in which print works when reading a book. Concepts of print includes: the idea that print has meaning, the relationship between print and speech, the difference between words and letters, that print is read from left to right and top to bottom, and the parts of a book. The next page will help you when reinforcing the concepts of print with your student (please note that you will need a real book to work on concepts of print).

TIP: You can easily reinforce concepts of print every time you read a book! Point out the cover, title, title page, text directionality, punctuation, words, and letters.

I KNOW HOW TO READ A BOOK!

DIRECTIONS: Use the bullet points below to help you with concepts of print.



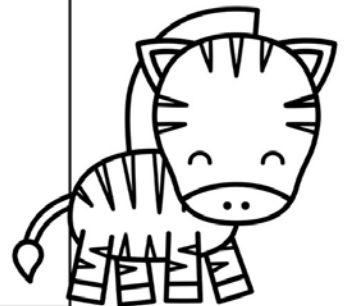
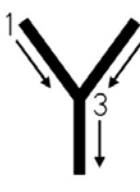
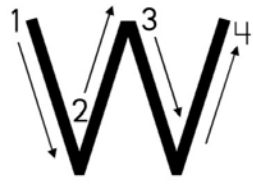
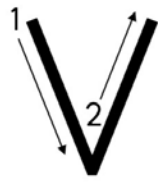
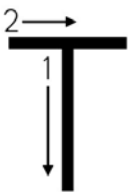
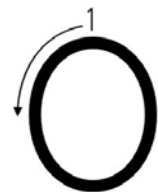
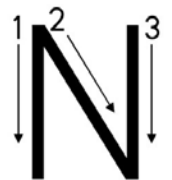
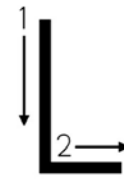
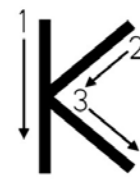
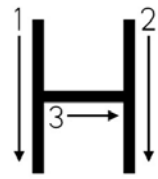
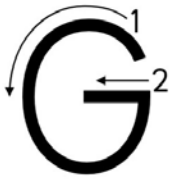
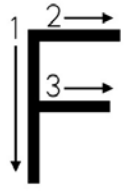
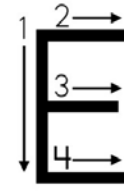
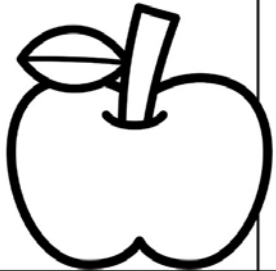
- Point to the cover of the book
- Point to the back cover
- Point to the title
- Point to the author/illustrator
- Use your fingers to outline a word
- Use your fingers to outline a letter
- Show me the title page
- Show me where you first begin reading the story
- Point to the first word on that page
- Point the last word on that page
- Show me how to turn the page
- Point to where you begin reading on the next page

HANDWRITING

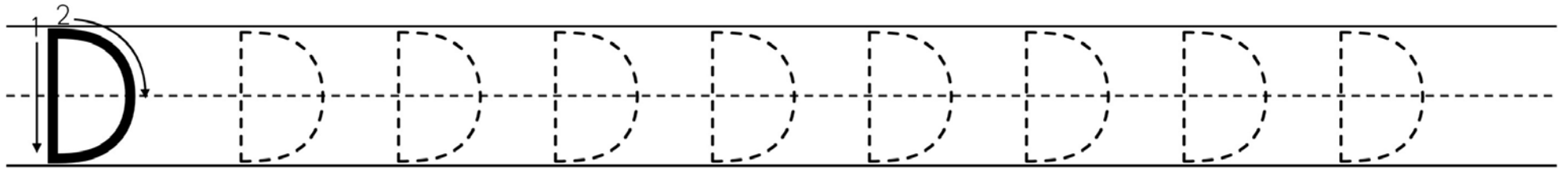
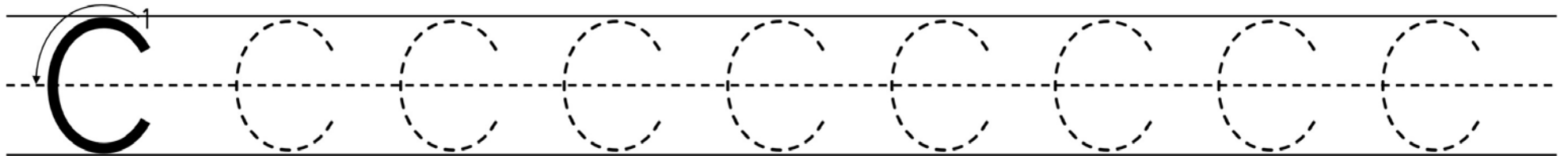
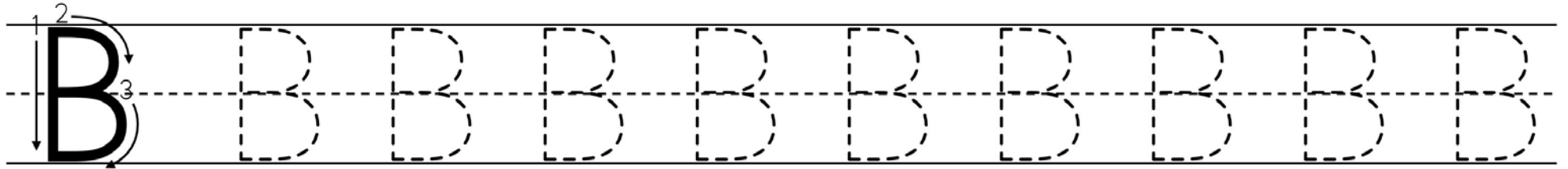
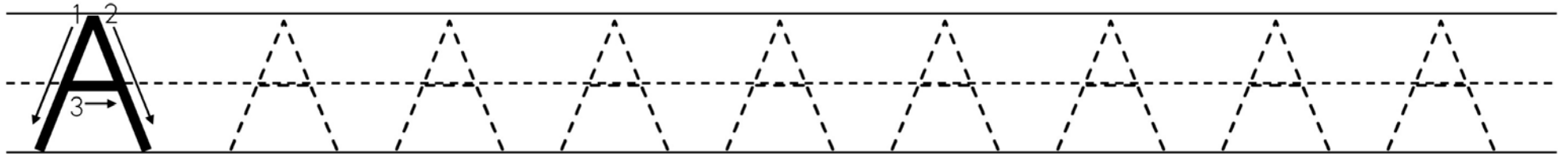
Learning to form letters and how to hold a pencil is difficult. The key is to work on correct pencil grip from the beginning and always start letters “at the top”. Be sure to either use a small golf pencil or a regular pencil when beginning to write; the big “beginner” pencils are much too large for little hands and make it more difficult to form letters. When learning to write letters, it is best to begin with uppercase letters, as they are larger and have more straight lines.

TIP: Always remind your student to hold pencil correctly and to start letters “at the top!” Positively reinforce your student when you see them holding their pencil correctly and provide explicit reminders when writing.

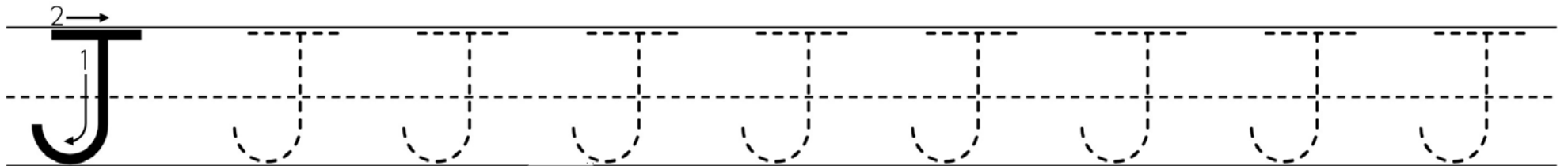
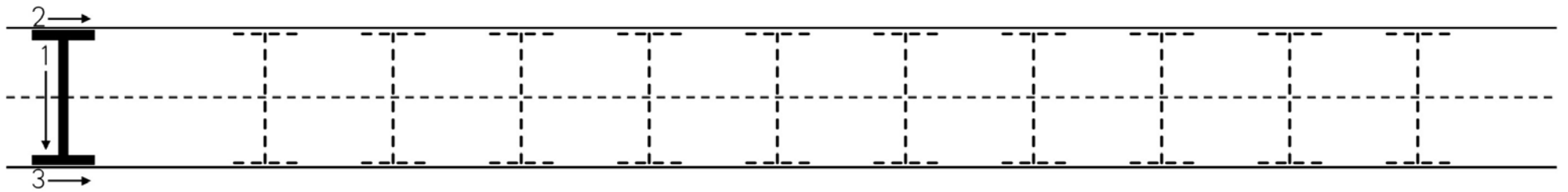
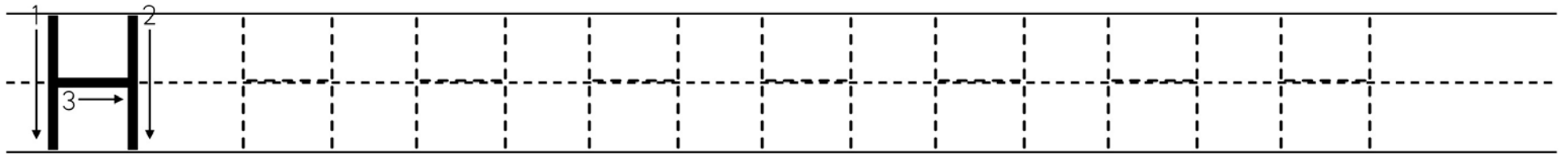
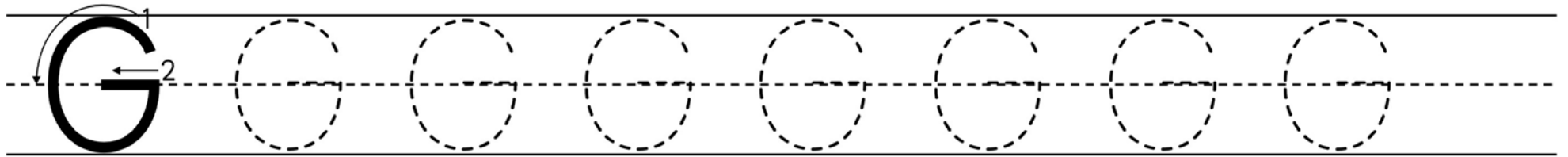
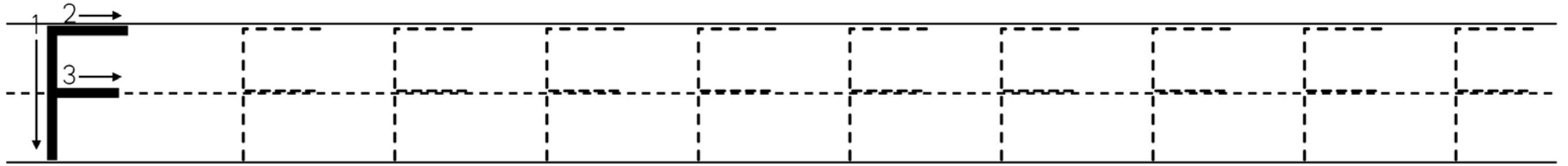
I CAN WRITE MY LETTERS A-Z!



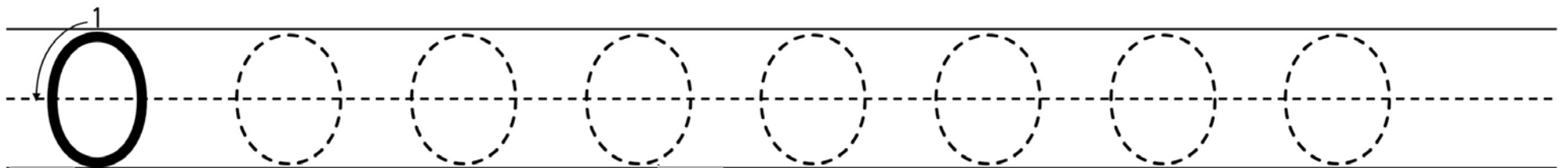
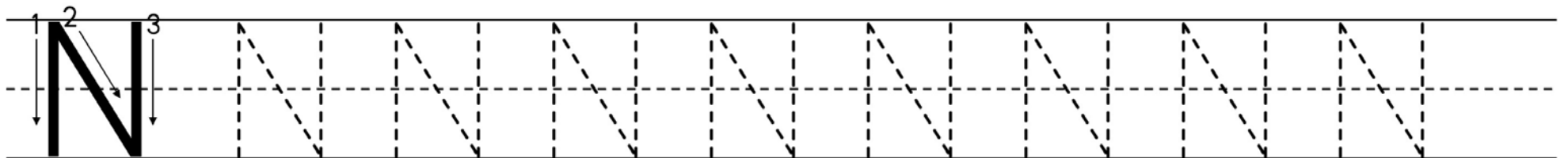
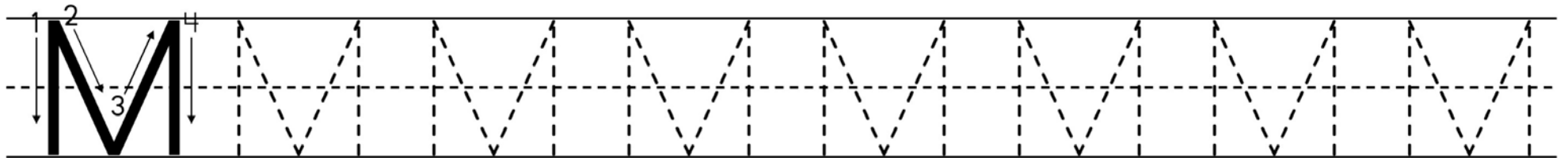
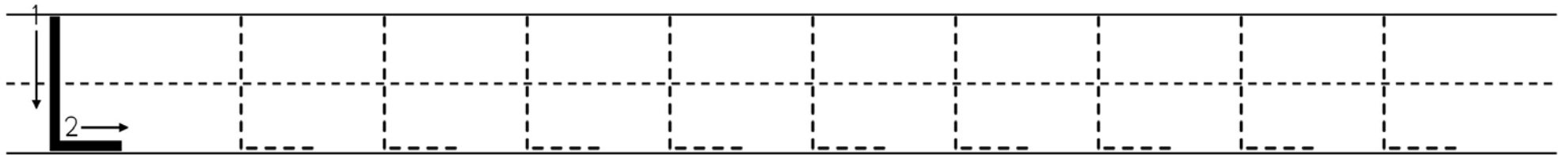
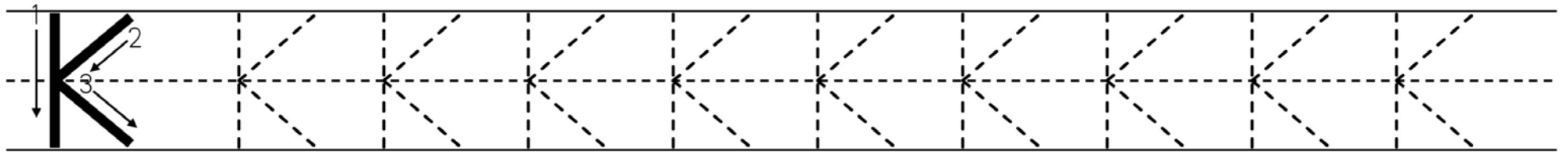
Trace.



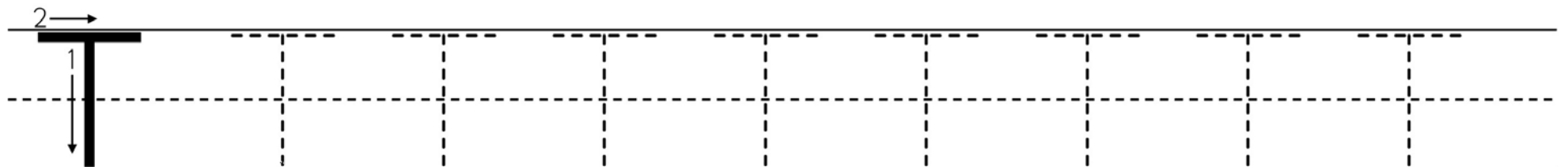
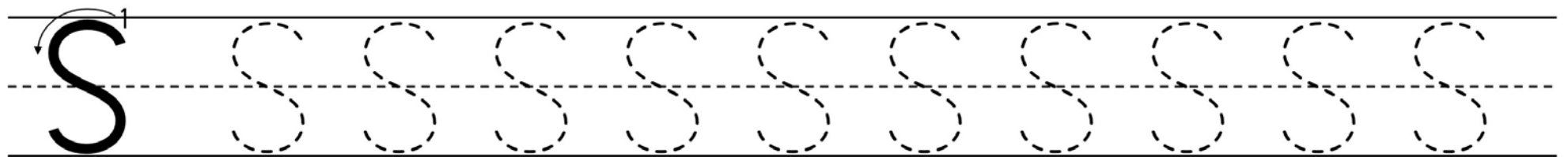
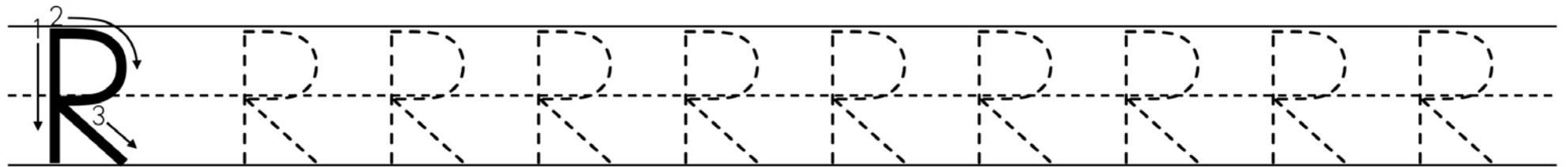
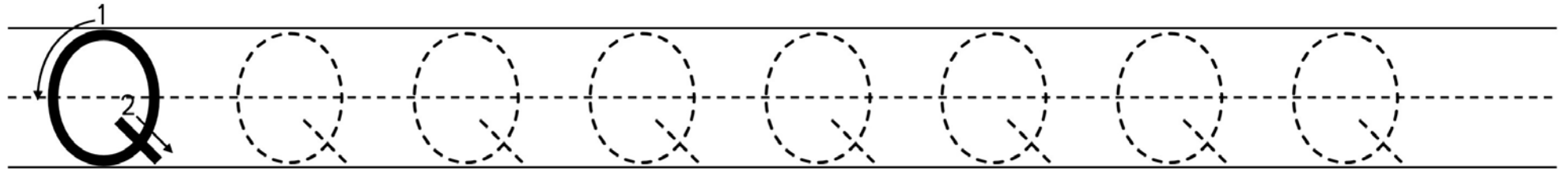
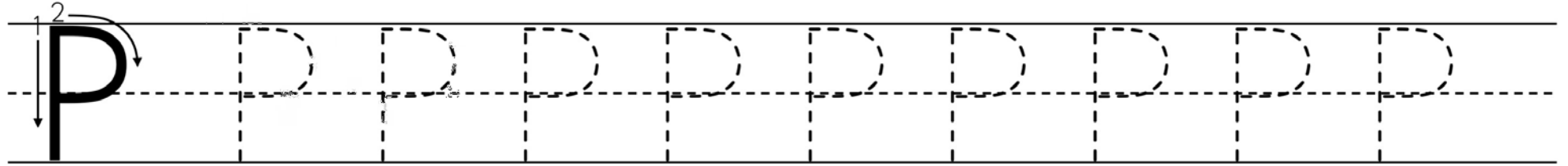
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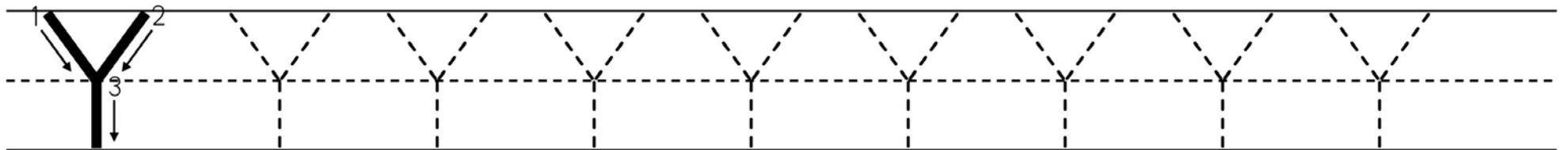
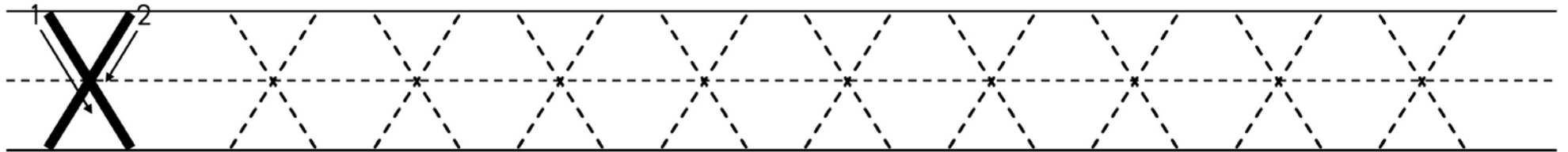
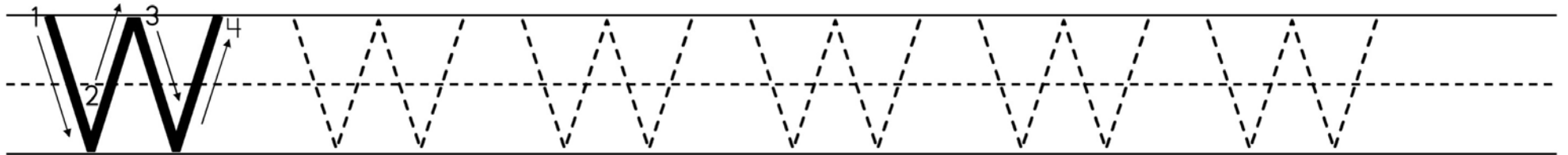
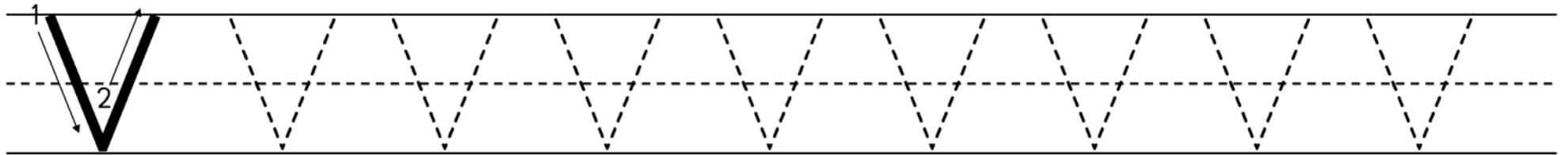
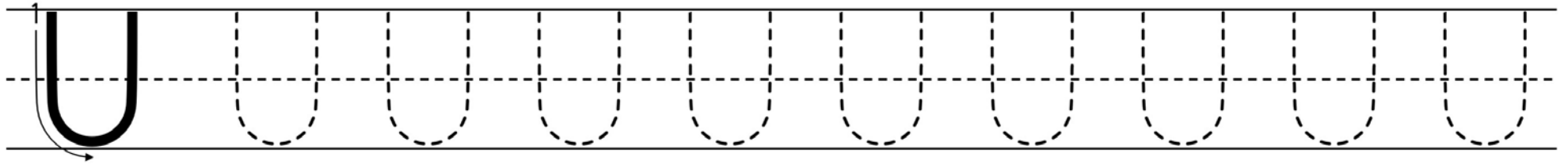
Trace.



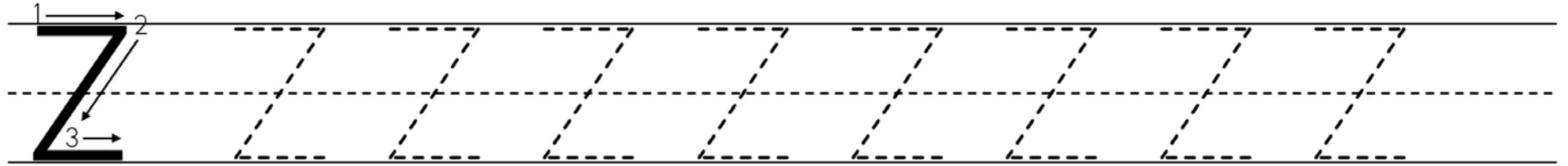
Trace.



Trace.



Trace.



Write.

Four sets of handwriting lines for independent practice. Each set consists of a solid top line, a dashed middle line, and a solid bottom line.

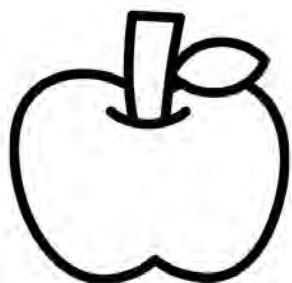
COLOR RECOGNITION

Color recognition is an important skill to have for school. While most students can already recognize colors, it would be helpful if your student can recognize the color words as well. This can be difficult; be sure to work on this activity once your student has some prior letter and word knowledge. Help your student to correctly color each picture on the flash cards, then cut and practice!

TIP: Go on a rainbow hunt! Try to identify all the colors in the rainbow and put objects in rainbow order.

DIRECTIONS: Cut and use as flash cards.

red



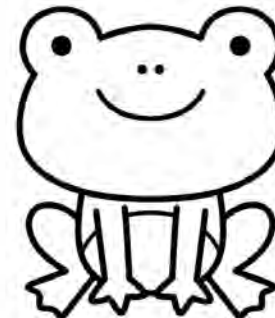
orange



yellow



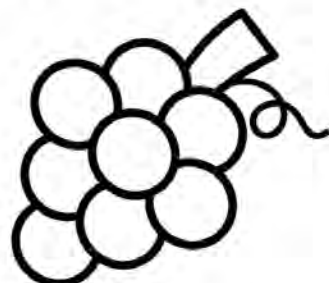
green



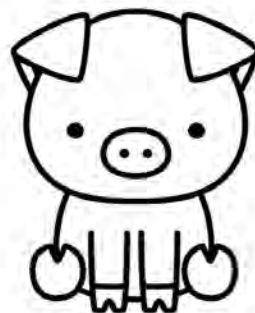
blue



purple



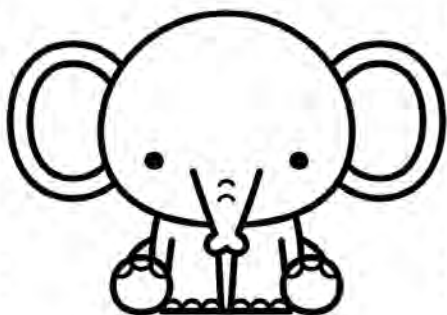
pink



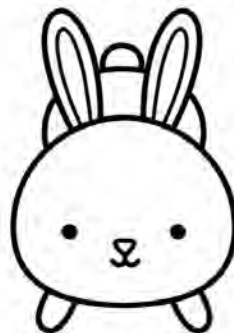
brown



gray



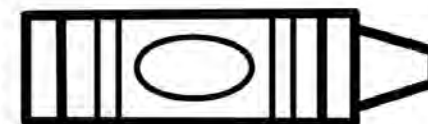
white



black



teal

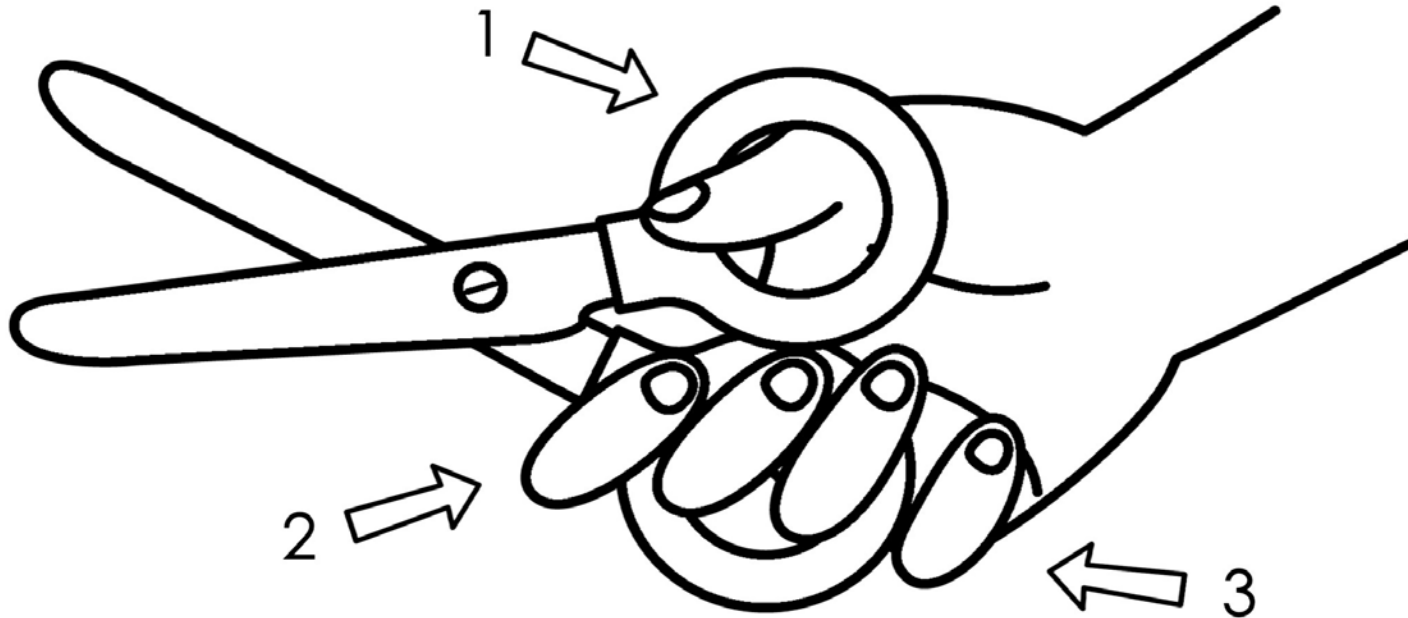


CUTTING

Learning to hold scissors and cut is an important fine motor skill and develops bilateral coordination, which is the use of both sides of the body while each hand performs different tasks. It is important that students learn to use both hands at the same time. When cutting, one hand opens and closes the scissors while the other hand holds and moves the paper. The next page will help you reinforce proper scissor grip. Use the following pages to practice cutting skills (you will need: scissors and glue). To make cutting fun, try cutting plastic straws into pieces (and use the pieces to count)!

TIP: Remind your student to use their “helper hand” to hold and move their paper when cutting.

SCISSOR GRIP

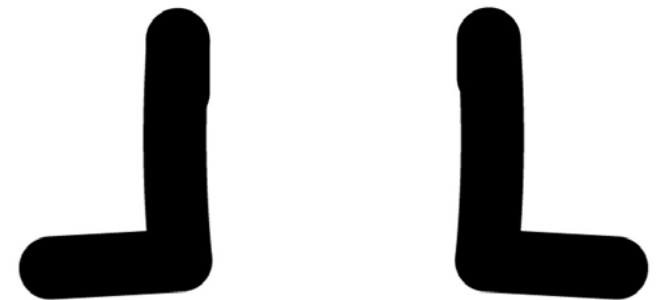
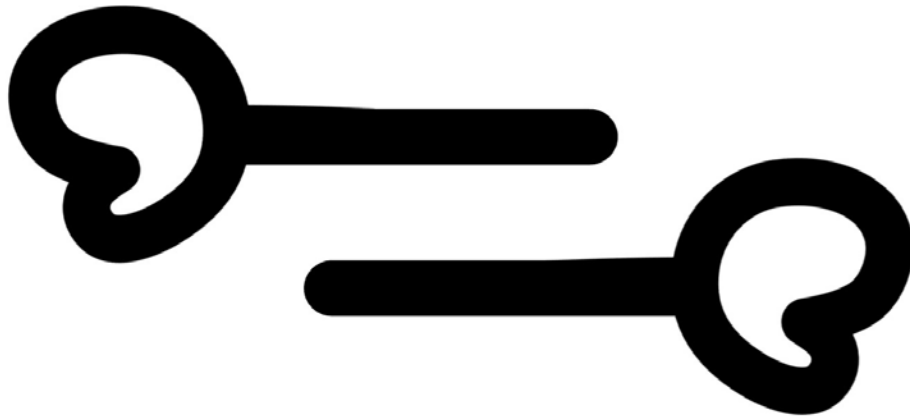
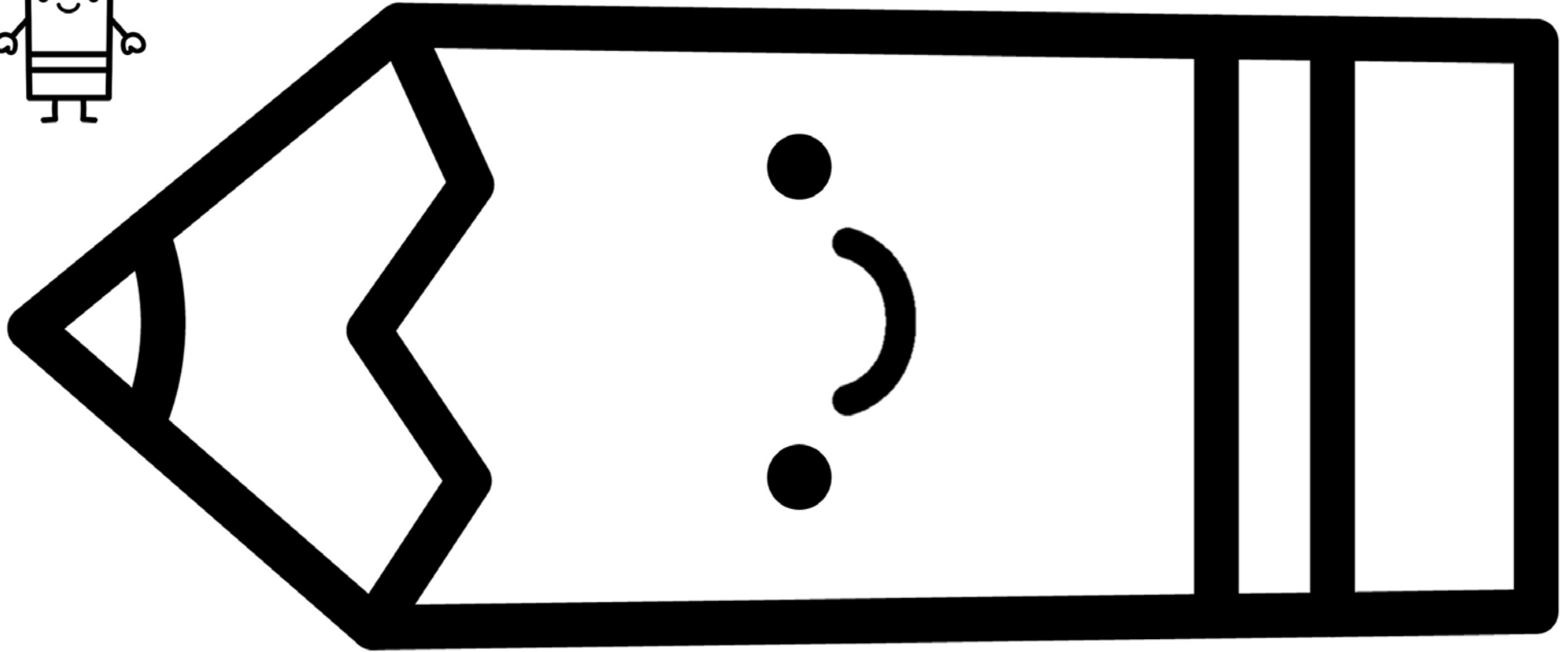
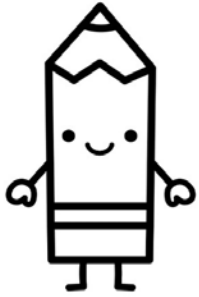


- 1) Thumb through the small top hole
- 2) Index finger holding the bottom of scissors
- 3) Last three fingers through the big bottom hole

**Always point scissors AWAY from body
and use your "helper hand" to hold and move the paper.**

COLOR. CUT. GLUE.

Hold scissors facing away from your body with thumb up and pinky down. Use your helper hand to hold the paper.




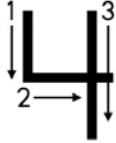





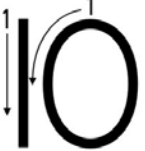



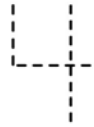









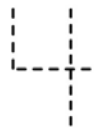


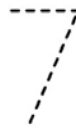






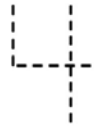









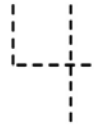








NUMBER SENSE

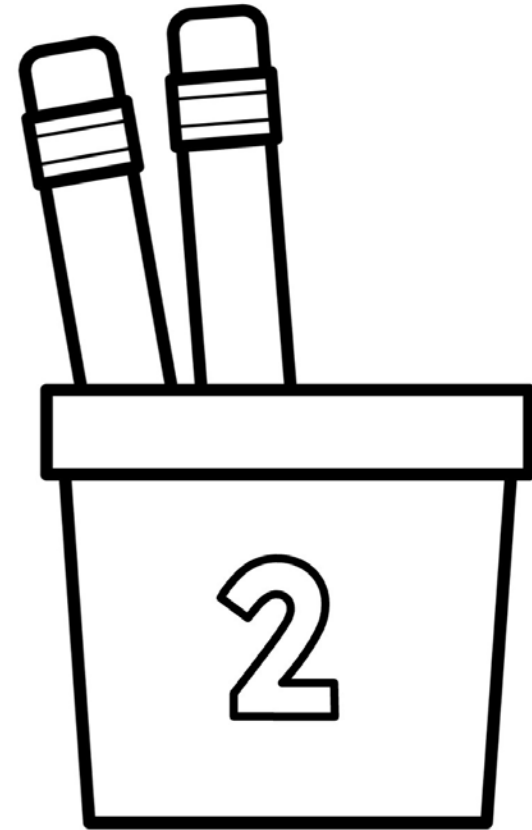
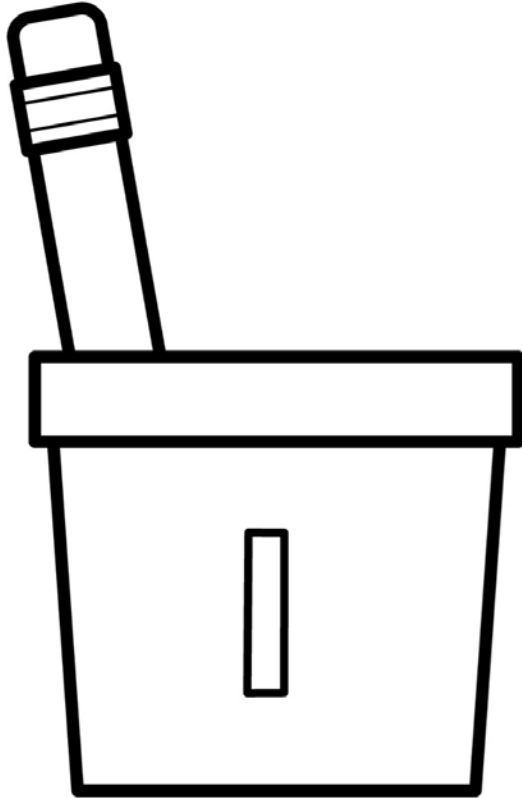
Number sense is one of the first math skills taught in kindergarten; focusing on numbers 0-10. Number sense is the understanding of what numbers mean, their value, and their relationship with one another. In addition to the following number practice pages and flash cards, practice counting with your student on their fingers, with coins, beads, mini erasers, etc.

TIP: Make counting fun! Try to challenge your student to count higher and recognize larger numbers each time you practice.

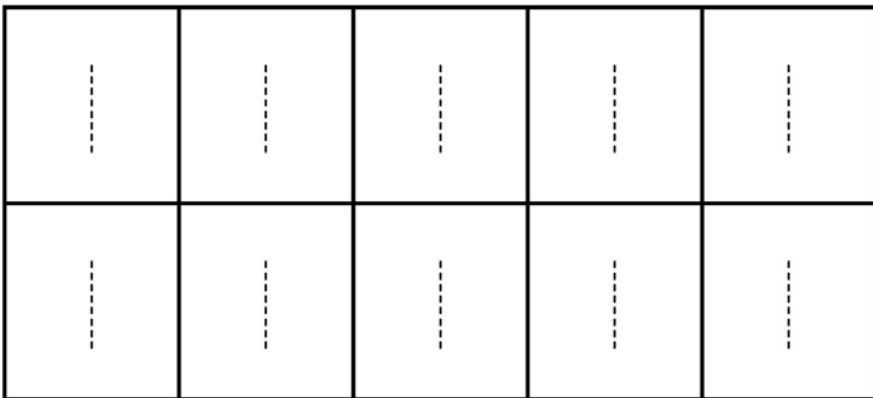
I CAN WRITE MY NUMBERS!

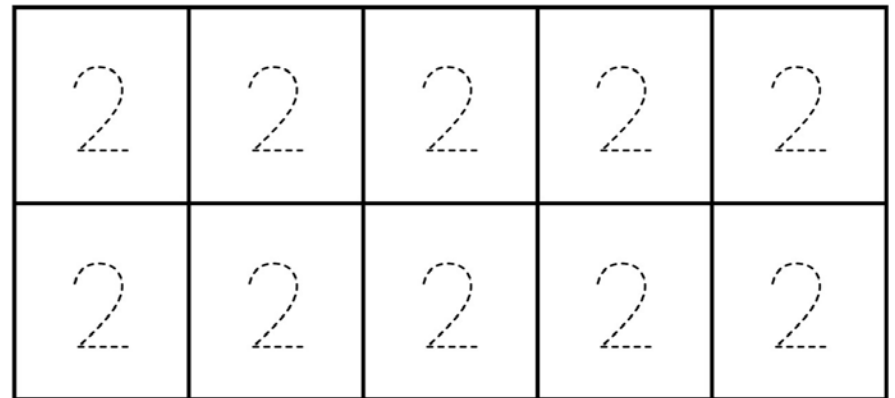
DIRECTIONS: Count. Color. Trace.



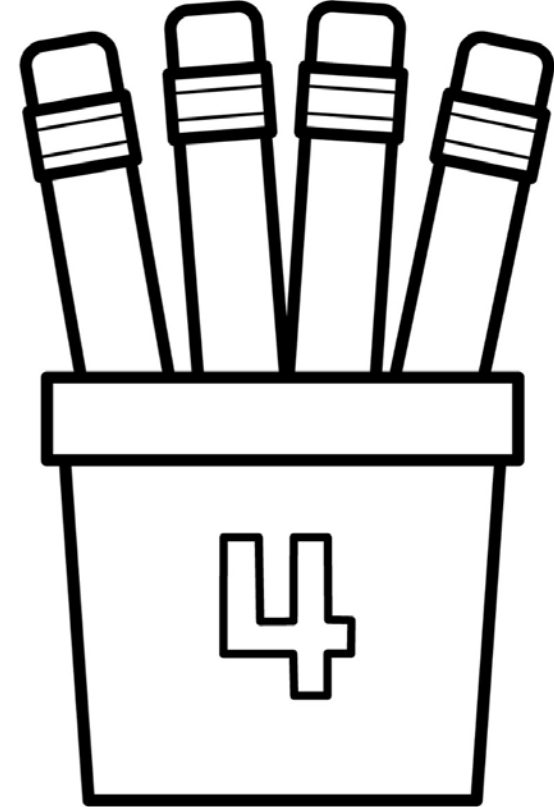
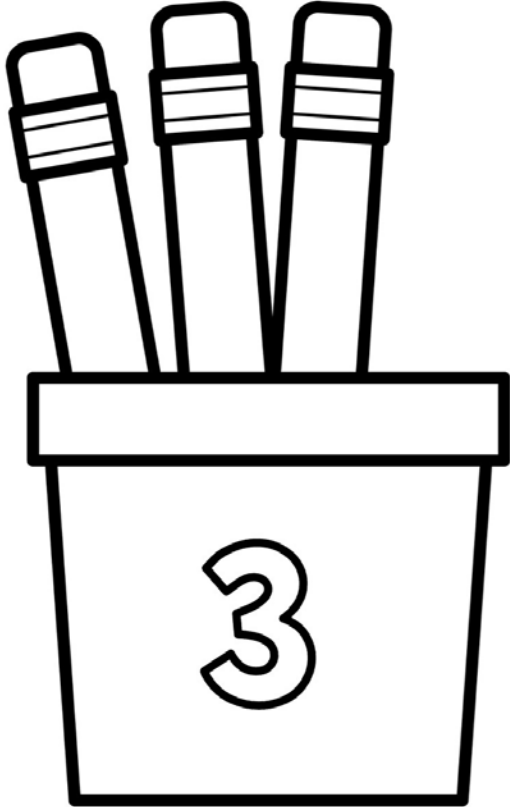
TRACE.



TRACE.



DIRECTIONS: Count. Color. Trace.



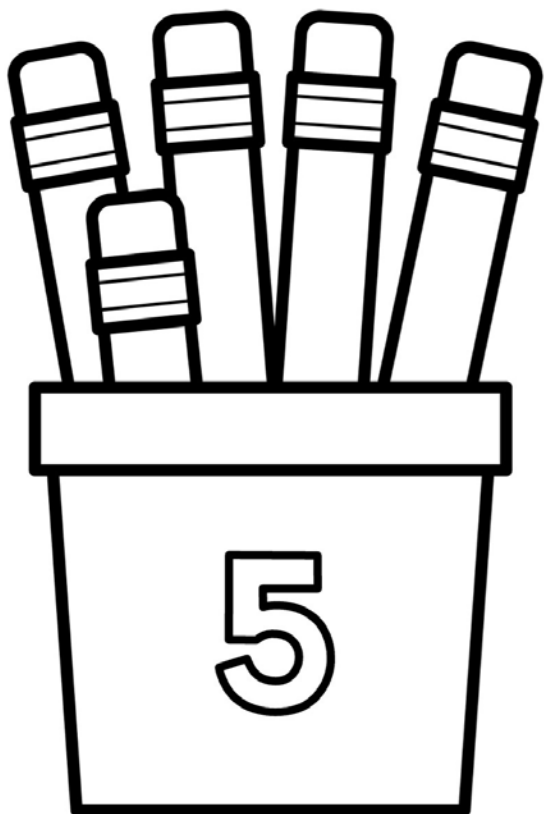
TRACE.

3	3	3	3	3
3	3	3	3	3

TRACE.

4	4	4	4	4
4	4	4	4	4

DIRECTIONS: Count. Color. Trace.



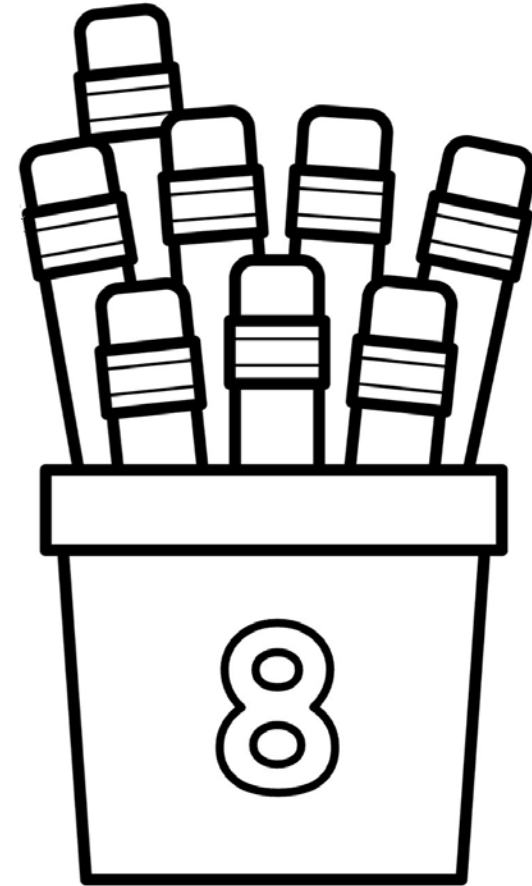
TRACE.

5	5	5	5	5
5	5	5	5	5

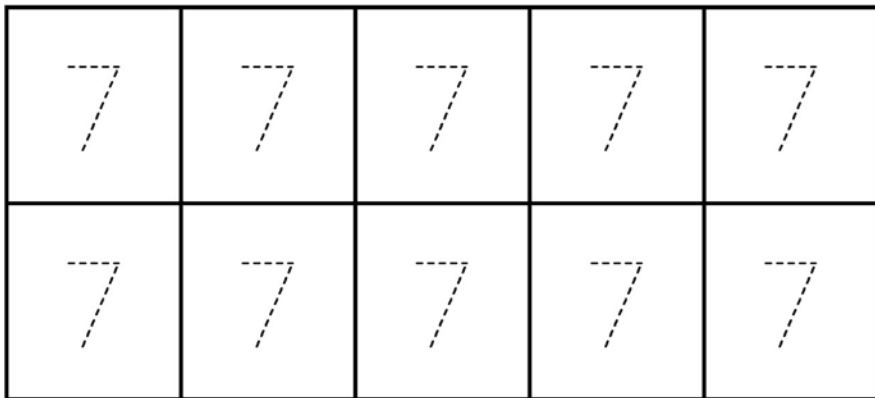
TRACE.

6	6	6	6	6
6	6	6	6	6

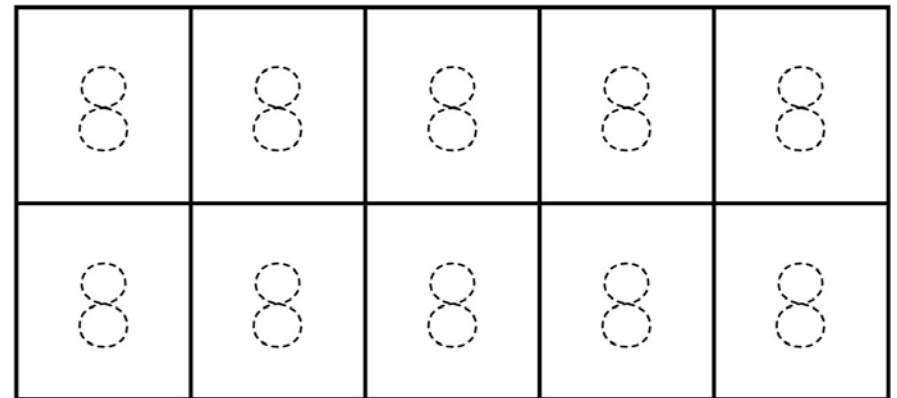
DIRECTIONS: Count. Color. Trace.



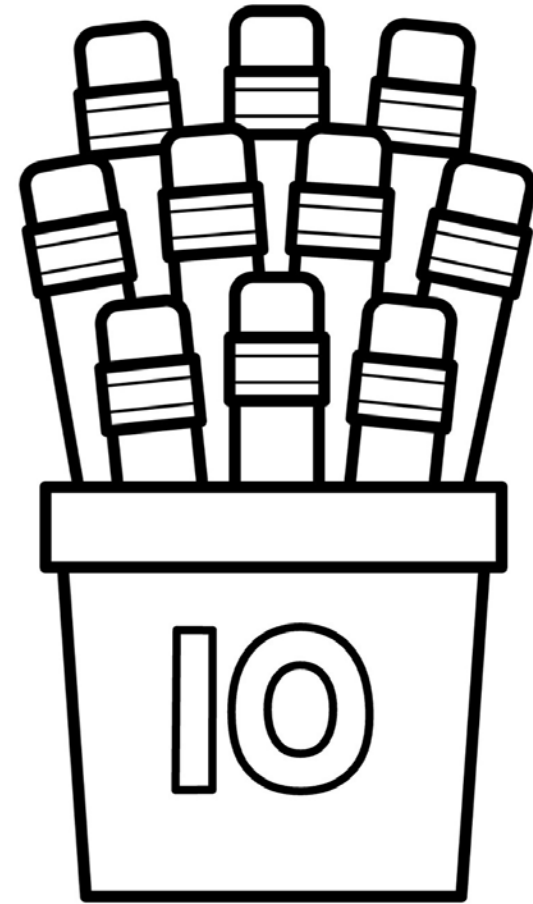
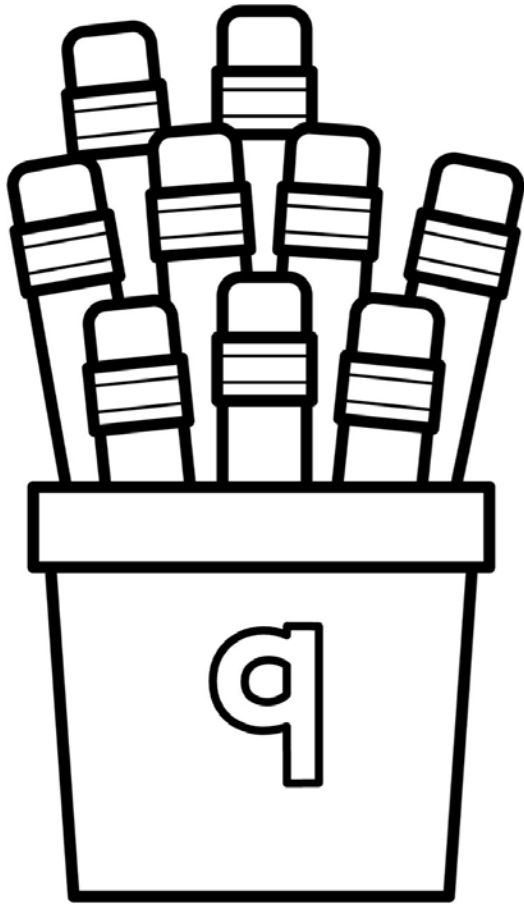
TRACE.



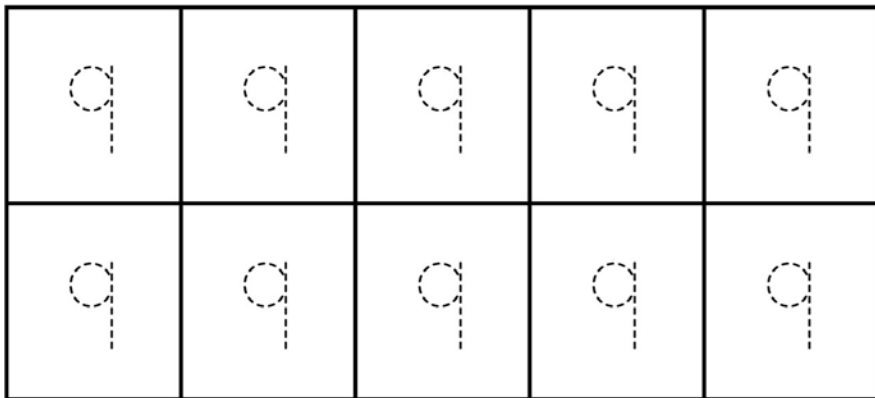
TRACE.



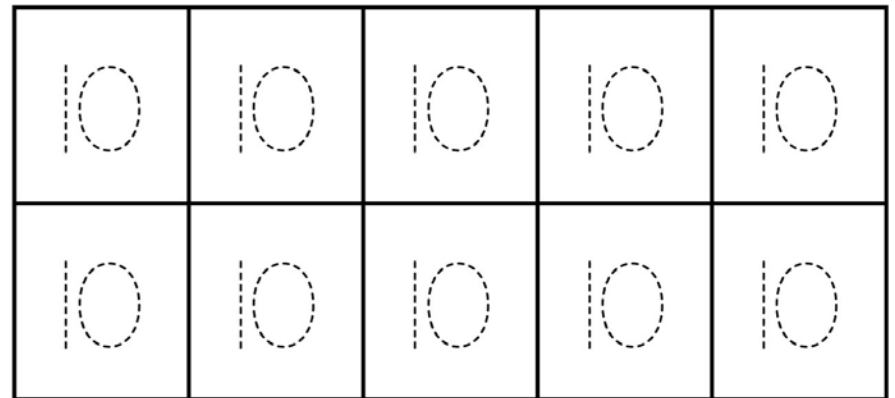
DIRECTIONS: Count. Color. Trace.



TRACE.



TRACE.



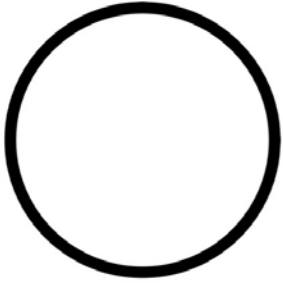
SHAPE RECOGNITION

Recognizing and building shapes is a skill explicitly taught in kindergarten. To help your student develop this important math concept, count the amount of sides and corners (also called vertices) each shape has. Use the next two pages of flash cards to practice. Color and cut out the cards to use for a memory matching game (match the plain shapes with the smiley shapes).

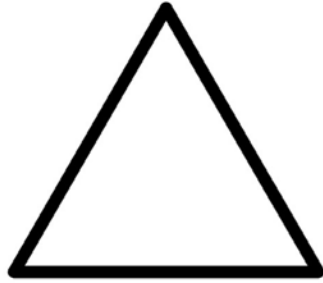
TIP: Go on a shape hunt! Shape hunts can be especially fun when in the car. Go on a shape hunt for specific shapes while driving. Count to see how many you can find!

DIRECTIONS: Cut and use as flash cards.

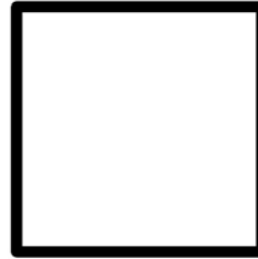
circle



triangle



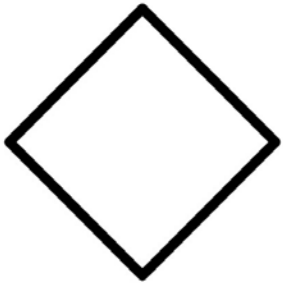
square



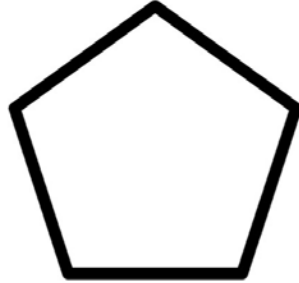
rectangle



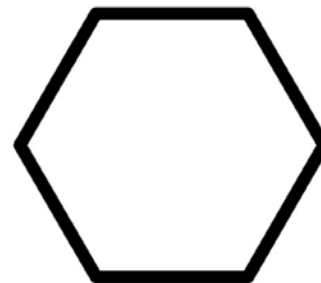
diamond



pentagon



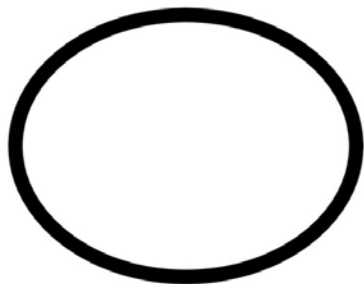
hexagon



octagon



oval



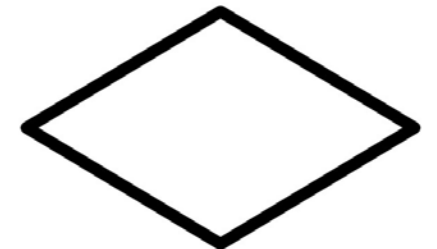
star



heart



rhombus



Now that you are ready to succeed,
relax, enjoy, and have fun on your first day of

KINDERGARTEN!

